



ADLOW: Alcohol and Drug Liaison Outreach Work

Our Alcohol and Drug Liaison Outreach Work (ADLOW) program helps address substance misuse through brief interventions and **short-term case management**, while connecting people with longer-term services.

We help **clients who aren't yet engaged in alcohol or other drug treatment. We work with them until they're linked in with supports** that meet their needs, such as counselling, detox or rehabilitation, and are ready to continue their recovery journeys.

The ADLOW program is **free**.



How can ADLOW help

Once we receive a referral we'll get in touch within 48 hours. We'll work with you to complete a comprehensive assessment to understand your needs, work with you to develop a treatment plan, and help you get ready for treatment.

Until you're connected with longer-term support, you can rely on your ADLOW worker to help you navigate the service system and refer you to relevant services, including alcohol and other drug, general health, mental health, housing and more.

Eligibility and referrals

The ADLOW program supports people aged 16 and above in the local government areas of Port Phillip, Stonnington, Glen Eira, Bayside, Kingston, Greater Dandenong, Casey and Cardinia.

The ADLOW program takes referrals from health professionals (including hospitals, midwives, maternal and child health, mental health, or NDIS) at adlow@windana.org.au



For more information, or to make a referral

windana.org.au/services/adlow

adlow@windana.org.au | **03 9532 0811**

Alcohol and other drug counselling and referrals are also available 24/7 by calling DirectLine on **1800 888 236** or visiting directline.org.au

A partnership between Windana, Alfred Health and Monash Health.

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