



A short guide to

# Windana's services

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Providing **connected services** for more people in need.

- ✓ Youth Services
- ✓ Alcohol and Other Drugs
- ✓ Family
- ✓ Education and Employment

[windana.org.au](http://windana.org.au)



**WINDANA**  
Life. Changing.

# About Windana

Windana provides services across Victoria for adults and young people experiencing alcohol and other drug harms, family violence, mental health challenges and social disadvantage.

Our Model of Care puts clients at the centre of what we do to create positive change in people's lives. We work with families, communities and other organisations to deliver trauma informed, equitable, culturally safe and integrated services based on evidence and practice wisdom.

By intervening early and creating purposeful partnerships, we help clients achieve improved outcomes while reducing demand on acute services. And we are influencing policy, practice and research to help shape better systems for clients.

Together, we influence the broader system for a more positive and connected future.

## Our Values

Acting with  
**integrity**

Showing  
**respect** for  
each other

Being  
**authentic**  
and honest

Fostering  
**connection**  
and  
collaboration

Pursuing  
**growth** and  
learning

## Our Youth Services

### Alcohol and Other Drugs

- ✓ ResetLife Youth
- ✓ SMART Recovery Youth
- ✓ Windana Youth Community House (withdrawal)
- ✓ Youth Alcohol and Drug Outreach

### Reconnect to Education

- ✓ Navigator

### Crime Prevention

- ✓ PIVOT

### Road Safety

- ✓ DETOURS



# Our Adult Services

## Alcohol and Other Drugs

### *Detox (withdrawal)*

- ✓ Adult Residential Withdrawal
- ✓ Non-Residential Withdrawal Service

### *Rehabilitation*

- ✓ ResetLife Adult
- ✓ Residential programs in Grampians, Barwon and Maryknoll

### *Community Services*

- ✓ Alcohol and Drug Liaison Outreach Work
- ✓ Alcohol and Other Drug Counselling
- ✓ Care and Recovery Coordination
- ✓ Community Clinic (natural therapies)
- ✓ First Peoples' Healing Program
- ✓ GP Assist
- ✓ Harm Reduction and Overdose Prevention
- ✓ Peer Support Group
- ✓ SMART Recovery Adult

### *Education and Employment*

- ✓ Cockatoo Community House
- ✓ JobsVic Mentors

## Family

### *Parenting and Family Services*

- ✓ Family Program
- ✓ Family Reunification Program

### *Family Violence*

- ✓ Engaging Families Program
- ✓ U-Turn (men's behaviour change)



We celebrate and respect diversity in all forms including Aboriginal and Torres Strait Islander identity, sex, gender, sexuality, age, culture, language, disability and lived experience.





## More information

[www.windana.org.au](http://www.windana.org.au)



Our website provides detailed information about our programs and services including locations, eligibility and referral.

You can click the 'My client or patient needs support' button on our homepage for information on helping someone access services.

## Contact Reception

Available Monday to Friday, 9:00am - 5:00pm.

Phone: **03 9529 7955**

Email: [windana@windana.org.au](mailto:windana@windana.org.au)