



Care and Recovery Coordination

Care and Recovery Coordination (CRC) helps people with alcohol and other drug issues set goals and access the different kinds of services they need.

We work with you to build a treatment plan that supports different areas of your life – including alcohol and other drugs, mental health, housing, the law, family and more.

We see clients face-to-face either at our offices or in a place that's convenient for you, as well as remotely via phone and video calls.

Care and Recovery Coordination is **free**.

“CRC helped me navigate my admission to detox and rehabilitation, CRC also supported with linkage to community and supporting with my legal issues, this program has changed my life.”

- Care and Recovery Coordination client



How can Care and Recovery Coordination help me?

If you're referred to the program, first we'll work with you to set some goals. Next, we'll work together to make a treatment plan that will help you meet your goals. Your plan might include referrals to other alcohol and drug supports, doctors or specialists to address health issues, counselling or other mental health treatment, community linkages, or other supports that will work towards your goals. We may be able to attend external appointments with you.

Referral process

To access the program, you need to call your local Intake and Assessment service. They will get to know you better and help identify your treatment needs, and whether CRC is right for you.

Intake and Assessment services

Bayside (local government areas of Port Phillip, Stonnington, Glen Eira, Bayside, and Kingston): BayAODS, **1800 229 263**

Frankston and Mornington Peninsula: FaMDAS, **1300 665 781**

South East (local government areas of Greater Dandenong, Casey and Cardinia): SECADA, **1800 142 536**

Or call **DirectLine** on **1800 888 236**, available 24/7.



For more information

windana.org.au/services/care-and-recovery-coordination/
windana@windana.org.au | **03 9529 7955**

Alcohol and other drug counselling and referrals are also available 24/7 by calling DirectLine on **1800 888 236** or visiting directline.org.au
This program is supported by the Victorian Government.