### **Cockatoo Community House**









# **TERM 3 PROGRAM**

July 21 - September 19 2025



#### Cockatoo Community House is supported by Windana.

Windana provides services across Victoria for adults and young people experiencing alcohol and other drug harms, family violence, mental health challenges and social disadvantage.

Our Model of Care puts clients at the centre of what we do to create positive change in people's lives. We work with families, communities and other organisations to deliver trauma informed, equitable, culturally safe and integrated services based on evidence and practice wisdom.

By intervening early and creating purposeful partnerships, we help clients achieve improved outcomes while reducing demand on acute services. And we are influencing policy, practice and research to help shape better systems for clients. Together, we influence the broader system for a more positive and connected future.

In November 2023, TaskForce Community Agency merged into Windana – enabling us to provide more services to more people.



Cockatoo Community House is based on the lands of the Wurundjeri people and recognises their continuing connection to lands, waters and communities.

We pay our respect to Aboriginal and Torres Strait Islander cultures; and to Elders both past and present.

# **ADULT ART PROGRAMS**

# INTRO TO ART SKILLS & INTERMEDIATE ART SKILLS

Develop essential knowledge and basic art skills to create an art portfolio in a supportive and collaborative environment.

These pre-accredited courses is fully government funded and will run for 20 weeks over two terms, with a focus on drawing, paint, and mix media, this course is targeted at those looking for employment in the arts industry or to further develop their skills as an artist.

Students can also use their portfolios to access further training e.g. Certificate II in Visual Arts. Students cannot be enrolled in study, and must go through an enrolment process prior to attending their first class.



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### **DANCE ADULTS**

With For THE LOVE OF DANCE
All fitness levels encouraged
Enrolments - 0405 776 038
www.fortheloveofdance.com.au

### **CHILDREN**

TINY GROOVERS (18 months +)
BALLET (2-5 years)
ACRO
DANCE MAGIC (3-12 years)
DANCE CLUB (3 - 16 years)
JUNIOUR/SENIOR DANCE

All fitness levels encouraged

Enrolments - <u>0405 776 038</u>

www.fortheloveofdance.com.au

### **KARATE**

All fitness levels encouraged Enrolments - <u>0</u>478 415 763 Mail@healthbuddies.com.au

### **EDUCATION**

**STEM CLASS** 

(Science, Technology, Engineering and Mathematics)

With FOR THE LOVE OF SCIENCE

Enrolments - <u>0405 776 038</u> www.fortheloveofscience.com.au

### **SOCIAL AND WELLBEING**

#### **CARERS SUPPORT GROUP**

All Parents and Carers welcome. Meets fortnightly.

FREE PROGRAM

## SING FOR FUN - LYREBIRDS COMMUNITY CHOIR

All welcome to join in.

Enrolments - 0412 715 031

thelyrebirdschoir@gmail.com

#### **CRAFT GROUP**

Bring along what you're working on and enjoy a chat and a cuppa while you make.

**Enrolments:** 

Tuesday Craft Group - 5968 9031 FREE PROGRAM

#### **KNIT A BIT, STITCH A BIT**

Meeting once a month on the second Saturday. Bring along what you're working on.

Knit a bit, Stitch a bit - 0400 034 470 FREE PROGRAM

### **CREATIVE ARTS**

#### **ART SKILLS - Intermediate and Beginners**

A pre-accredited course focusing on essential skills, drawing, and painting.

CCH FREE PROGRAM - Bookings essential



Programs subject to change.
To book into any of our programs, scan this QR code or speak to one of our helpful staff members.

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#### **Monday**

9:00 - 11:30AM 1:00PM - 3:00PM 4:30 - 5:15PM 7:15 - 9:00PM Intermediate Art Skills FREE
Introduction to Art FREE
Junior Dance
Sing for Fun @ St Lukes



### Tuesday

10:00 - 12:00pm :10:30 - 1:00PM Basic Computer Skills FREE
Craft Group FREE



#### Wednesday

9:30 - 10:00AM 10:00 -10:30AM 10:30-11:00AM Tiny Groovers (18 months +)
ACRO (2-5 Years)
Jazz & Ballet (2-5 Years)

### **Thursday**

9:30 - 10:30AM 11:00 - 11:30AM 5:20- 6:20PM STEM
Ballet (2-5 years)
Karate

Family Friendly
Dance, Karate,
Exercise

### **Friday**

8:30am - 4:30pm

### **Saturday**

09:30 -10:00AM 10:00 - 10:30AM 10:45 - 4:15PM

### Open

Preschool Jazz & Ballet
Preschool ACRO
Knit a bit, Stich (2nd Sat) FREE

### Sunday

No activies at time of publishing.

### ARE YOU A TUTOR OR VOLUNTEER?

We have a range of volunteering opportunities at the House. From administration, social media, to hosting coffee groups, or volunteering your time as a tutor and sharing your passion. Volunteering helps you stay active and connected to your community and can also provide you with other opportunities.

We are always looking for new Tutors. If you are interested in running activities or programs at the house, give us a call. We have time available on weekdays, weeknights and over the weekend.



Call us on 5968 9031 or email cch@windana.org.au



# For Community Members experiencing food insecurity

Cockatoo Community House proudly supports our community with a free food pantry.

We humbly accept food or monetary donations to keep the pantry well stocked.

Experiencing food insecurity?
Visit The Pantry 24/7, 7 days a week
or talk to one of our friendly
team members.

### **Cockatoo Community House**



Cockatoo Community House values diversity, inclusion and social justice and is dedicated to actively addressing discrimination and ensuring every individual is treated with dignity and respect.

We honour and celebrate our differences and uniqueness in cultural and linguistic background, ethnicity, sex, gender identity, intersex status, sexual orientation, age, disability status, health status and religious or spiritual beliefs.





# **Learn Local**

Learn Local courses can help you get the skills you need for study, work and life.

- Cockatoo Community House Supported by Windana provides programs funded by ACFE (Adult and Community Further Education) through the Department of Jobs, Skills, Industry and Regions.
- These programs are government subsidised and enables us to offer programs at low or no cost to eligible Victorian adults.
- The program concession fees are \$50 for the year for any Centrelink Concession Card holder.

Learn Local courses offer skills for work, study and life.

- Training delivered by highly experienced professionals.
- Learn online or in person.
- Get the skills employers are looking for.
- Go onto further study.
- Learn with others in your local community in a safe, inclusive and supportive environment.
- Improve your skills in reading, writing, maths, computers, language and more.

For further information www.learnlocal.org.au.





Cockatoo Community House values our community and would like to thank each and every person for their support.

Hark you

# C O N T A C.T.



% 03 5968 90<mark>31</mark>





https://windana.org.au/services/cch/



23 Bailey Rd, COCKATOO

# SUPPORTED BY

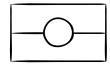








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Cockatoo Community House is based on the land of the Wurundjeri people of the Kulin nation. Sovereignty was never ceded.