

windana

Drug & Alcohol Recovery



2013 - 2014 Annual Report

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windana

Drug & Alcohol Recovery

Helping people rebuild their lives

Who we are

Windana is a major provider of drug treatment services in Victoria. Our aim is to offer holistic, innovative services through encouraging our people and clients to work in partnership. The value of community is intrinsic to our culture and promotes a sense of purpose and hope for the future. We envisage a society that enables individuals and families to recover from harmful alcohol and drug use and to build positive lives in mutually supportive and accepting communities.

Who we help

We help people who have become disconnected from their family, children, friends and community because of harmful drug and alcohol use.

What we believe

We believe that people can rebuild their lives.

What we do

We build a trusting relationship with our clients and offer a range of integrated services, across our programs. Over time, clients can achieve real change and personal growth.

Windana provides a variety of programs, where clients learn new social and practical life skills to equip them for a successful life within the community.

The logo for Windana, featuring the word "windana" in a stylized, lowercase, white font. The letters are composed of multiple parallel lines, creating a sense of depth and movement. The 'w' and 'n' are particularly prominent, with their lines extending and curving.

Drug & Alcohol Recovery

A message from the Chair of our Board

Windana has had a very successful year under the leadership of Anne-Maree and her Executive Team. We continue to provide highly relevant services to our clients to assist them to make significant life changing differences to their lives.

There have been a number of significant achievements that have contributed to success throughout the year including:

- Under the Government's *Alcohol and Other Drug Recommissioning*, Windana has been successful in attracting new funding, expanding its reach to broader geographic areas with additional funding of \$450K.
- A new Executive team has been appointed. They are highly capable and strong leaders in their field are performing to a very high standard and working very cohesively together.
- Quality accreditation was achieved which assists Windana to perform as a professional organisation with high operating standards.
- A clinical governance framework has been developed across 2 of the key service areas to ensure the best possible service is provided to our clients.
- Improved financial performance to achieve a small surplus for 2013/14. As our CEO mentions, this is primarily due to improved reporting and analysis of key financials against budget which were introduced by our highly capable Manager Finance in conjunction with our executive team This is a great outcome to build on.
- A new 5 year strategic plan which outlines a road map for future growth and success. Thanks to the Board and executive team for their hard work in pulling this together.

- Improved performance in critical services which included improved workforce planning and performance management systems.
- A strong working relationship between the Board and the executive team ensuring that the vision and future direction for Windana is completely aligned.

Thank you to my fellow Board members for the guidance and support they have continued to offer. Peter Hay retired in December 2013 from the Board after many years of service to Windana. Peter was Board Chair, Vice Chair and Chair of the Finance Subcommittee during his time on the Board and was integral to the growth and development of Windana.

I would like to thank Julie Prideaux who also departed during the year. Julie was instrumental in assisting us to establish our new strategic plan. I would also like to welcome Nicole Steers and Dione O'Donnell who joined earlier this year.

Thanks also to our financial supporters and Friends of Windana who continue to ensure that we are able to make a difference for our clients.

Lastly, I would like to thank Anne-Maree and all the team for the fantastic work that they do every day. They are highly committed, very capable and absolutely passionate in their approach and it is a privilege to work with them.

Jenny Gillam
Chair of the Board



A message from our CEO

"Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending"

Carl Bard

Looking back on the year I'm again reminded that Windana is in the business of change. This year we helped thousands of people from across Victoria address the impact alcohol and other drugs has on their life and make positive changes that support them in their recovery journey.

As an organisation we managed significant change as we responded to the planned reform of the Victorian alcohol and other drug sector. Recommissioning of adult non-residential services was announced in October 2013. We developed strong partnerships with providers in four catchments and were successful in our bid to deliver services in consortia arrangements commencing September 2014. In addition to our traditional areas of Bayside and South East Melbourne, we will operate in Barwon and Frankston/Mornington Peninsula regions, a significant expansion of services, in the coming year.

We also partnered with the First Step Program in St Kilda to provide medical support to our withdrawal services and Latrobe Community Health Service to provide on-site dental treatment for residents at our therapeutic community.

Our residential withdrawal services and therapeutic community operated at capacity and, as I write this report, we have more than one hundred people waiting for admission. Alcohol remains the primary problematic substance for the majority of people entering our withdrawal services followed by heroin. The number of people requiring support to withdraw from amphetamine type stimulants including methamphetamine (Ice) is steadily increasing.

Many of our clients also experience mental illness requiring treatment and on-going support. It would not be possible to do what we do without skilled and dedicated people and I commend our team and volunteers for their tremendous work in a complex environment.

Our improved financial performance this financial year is primarily due to an increased level of analysis and monitoring of key financial drivers against budget, and controls over discretionary expenditure. During the latter part of the year, we implemented a number of significant improvements to our financial reporting processes.

These changes led to improved financial decision making at the Executive, Finance Risk and Governance Subcommittee, and Board levels. We have a clearer understanding of the key performance indicators down to program level and are well placed to anticipate and deal with financial challenges before they occur.

We are again grateful to the Friends of Windana and other donors for their generous support. I'm grateful for the support of my executive team who worked tirelessly this year in a changing environment and for our Board for their vision and guidance. The journey continues!



Anne-Maree Kaser, CEO
with Roy, a Drug Withdrawal House Resident

Piper*

To the Windana family,

I want to thank you for saving me, being there for me and giving me a chance to find myself again.

You're all such beautiful people and helped me through my journey to defeat the devil I let inside for many years. There was one thing I wanted to get most out of this place and that was to be at peace with my addiction.

For me to fight this disease, I wanted to be at peace with it so I can slowly learn to let it go. I made a promise to myself, which I now will make you: never look back. This place was **THE PLACE** to put me on the right track where it would make the promise easier to commit to.

There are no proper words to thank you enough.

Love
Piper

"I want to thank you for saving me, being there for me and giving me a chance to find myself again...."

* Name has been changed

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Drug & Alcohol Recovery

Our Board

Windana's work is overseen by a committed Board whose members provide strong governance and strategic guidance to Windana. All Board positions are honorary and we greatly value the contribution made by past and present Board members. Board meetings are held monthly with an annual general meeting scheduled in November of each year.

Jenny Gillam - Chair

Board commencement date 2002

Jenny is a strong leader with a career spanning across the private and public sector in organisations ranging from small business to global corporations. Her most recent appointment was Head of Talent Acquisition for Mondelez International (formerly Kraft Foods). In this role she led a team of talented specialists managing strategic sourcing and recruitment for the Aus/NZ business. Prior to that, as General Manager of a boutique Executive Search firm, she consulted to many large and medium companies and not-for-profit organisations on the appointment of executives and senior management. In her earlier career, Jenny enjoyed a successful number of years with the Commonwealth Public Service in the areas of employment, training and education. As a senior manager, she worked closely with the community and specific companies on a range of initiatives to create employment opportunities for the unemployed and other disadvantaged groups. Jenny has strong experience in the public, private and community sectors and consulting skills in human resources management and executive recruitment. Youth, family issues, drug and alcohol service provision and education are all areas of particular interest to Jenny.

Amy Jewell - Treasurer

Board commencement date 2008

Amy is a Director at KPMG in Melbourne. She has been with KPMG for more than 10 years and specialises in internal and external audit and accounting services to superannuation and financial services clients. Amy is the Chair of the Finance, Risk and Audit Subcommittee.

Esra Ozege - Secretary

Board commencement date 2012

Esra is a governance and compliance professional with extensive corporate governance experience in both government and not-for-profit sector, and risk background in an ASX 100 Australian financial services company. Esra is currently the National Governance and Compliance Coordinator in a leading fast-moving consumer goods organisation where she focuses on contractual and legislative compliance. Esra is passionate about using her legal and commercial background to contribute to various not-for-profit and community organisations and is also part of the Board for an organisation that provides support and refuge to women and children stepping out of domestic violence. Achieving the right balance between her professional career and commitment to the community sector have been one of her driving motives and Esra looks forward to continuing her ongoing work with Windana.

Frank Dyett

Board commencement date 2012

Frank was a Judge of the County Court of Victoria for 29 years until his retirement at the end of 2007. Thereafter he was a Vice Chairman of the Racing Appeals Tribunal until its abolition in 2010 and then he was appointed a senior sessional member of Victorian Civil and Administrative Tribunal. Before his appointment to the County Court Bench he had practised as a barrister at the Victorian Bar for 20 years. During his long service on the County Court Bench, Frank had to deal with many offenders whose alcohol and/or drug use brought them before the Court.

Our family and friends

Anna Crabb

Board commencement date 2013

Anna is a member of the Social Ventures Australia Consulting team. In this role she focuses on increasing the social impact of for-purpose organisations, and funders, through performance measurement and evaluation, and strategic planning. Anna has a long-standing passion for social change and has tackled it from all angles – working in the Victorian and Australian Governments, with non-profits (Cancer Council Victoria), and with dandalopartners, a boutique consulting firm. Anna has worked on projects in the education, employment, health and disability sectors. She holds a Master of Management from The Australian National University, a Bachelor of Arts (Honours) and a Bachelor of Arts and Sciences from the University of Melbourne.

Dione O'Donnell

Board commencement date 2014

With more than 20 years' experience in the community sector in various senior management roles including Finance, Information Technology, Human Resources, Clinical Operations, Call Centres, Strategy & Planning and Risk Management, Dione brings a wealth of strategic, innovative and customer focused knowledge. Dione also has almost 15 years' experience in Banking and Finance with a significant proportion of this as Chief Financial Officer. He also brings experience as Chairperson and Treasurer of a number of School Boards of Trustees and the Multiple Sclerosis Association in New Zealand, and as Deputy Chairperson of the New Zealand Federation of Voluntary and Social Sector Organisations.

Nicole Steers - Chair, Quality and Safety Subcommittee

Board commencement date 2014

Nicole is Manager Oral Health Agencies with Dental Health Services Victoria. Nicole has leadership and management experience including program development and implementation, major infrastructure projects development, corporate and clinical governance, strategic planning development and implementation. Prior to Executive Management, Nicole enjoyed an extensive career in nursing spanning acute hospital settings (medical, nursing and intensive care), sub-acute care, community health, primary care and cancer services with specific interest in breast cancer. Nicole is the Chair of the Quality and Safety Subcommittee.

Friends of Windana

We would like to thank the following for their support of Windana over the past twelve months:

Michael Pontifex (Chair)
Rebecca Smith
Dr John Sherman
Barry Main
Suzy Walker
Geoff Knorr

Windana Life Members

Life Membership is an honorary title awarded by the Board in recognition and appreciation of outstanding support of Windana.

Dr John Sherman
Diana Sher
Murray Gerken
Anne Parsons
Peter Bucci (dec)
Des O'Connell
Jenny Johnston
Barry Main
Michael Pontifex
Jan Pontifex

Client story

Con*

Con started using drugs when he was 13 years old. His drug of choice was Methamphetamine (Ice) and he generally combined its use with Xanax and marijuana.

Con's mother constantly tried to get him to see counsellors and psychologists as the effects of a drug-addicted lifestyle were taking a toll on his whole family. He did go into youth detox four times before he turned 18 years old but would leave and always fall back into the same old behaviours.

After he turned 18 years old, Con attempted to curb his criminal activity to avoid going to prison, which was the inevitable next step for him. He started a landscaping apprenticeship but as his drug use continued to escalate he became unemployable and was living a completely chaotic lifestyle. Being arrested by the police became a common occurrence at this point. At its peak, Con was using hundreds of dollars worth of Ice a day.

"I was lonely. Every time I'd get on - I didn't want to use but I had to. I had no direction and I hated myself. I idealised killing myself every day. I'd had enough."

Con was 21 years old when he went into the Windana Youth Community House (WYCH) early in 2014. Having attempted to get off drugs many times before, he knew that he needed to do something different than what he'd done before. Con decided to go to the Windana Therapeutic Community (TC) for long-term rehabilitation.

In the beginning, Con questioned his decision to go to the TC but it wasn't long before he recognised what was on offer if he stayed and completed the program.

"The best thing about the TC was building my self-esteem through communicating and taking on responsibility. I feel confident. I don't have to use drugs to get through the day anymore."

Con's peers in the Community describe him as inspiring and share that he is a role model.

Con has very recently moved to the Integration House, which is a semi independent living program managed through Windana. It is a community where people can implement all that they have learned at the TC whilst re-engaging with society.

Con initially wanted to complete his landscaping apprenticeship, but after his rehab experience he wants to study and 'get educated'. Con returns to the TC twice a week where he continues to provide inspiration to new residents through co-facilitating groups; this in turn reinforces his learning.

"The best thing was building my self-esteem..."

* Name has been changed

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Drug & Alcohol Recovery

Withdrawal and Coordinated Care

Youth Withdrawal Unit Dandenong

The Youth Community Withdrawal Unit at Dandenong continues to provide services to young people aged between 12 and 22 years from across Victoria. The Unit has been operating at high occupancy levels all year with young people staying on average for 12 – 15 days. This past year has seen a restructure in the team to include a Team Coordinator as well as case workers and support workers. Young people are provided one to one case management and referral support, recreational services, group and individual therapy including relapse presentation strategies and naturopathy services.

Over the past year, staff have been provided a range of professional development opportunities to further enhance their skills and resources in working with young people that include suicide intervention, mental state examination training and psychopathology.

Kate Graham
Manager - Withdrawal and Coordinated Care



Withdrawal and Coordinated Care

Adult Withdrawal Unit St Kilda

The Adult Withdrawal Unit at St Kilda continues to provide residential withdrawal services to adults aged over 18 years from across Victoria. Significant work over the past year has resulted in the introduction of an interdisciplinary model of care which includes pre-admission and day of admission medical assessments along with medical monitoring of residents during their withdrawal episode.

Staff have participated in a range of professional development activities including medication management training and clinical competencies to ensure safe and contemporary practice.

As a result of generous donations, the Unit has been able to acquire new equipment including outdoor furniture, a table tennis table and a barbeque.

Family Program

The Family Program provides support to parents who have protective services and / or court involvement, with the aim of establishing access arrangements or family reunification. Examples of work undertaken in this program include:

- Providing assistance to an individual with a history of heroin and amphetamine dependence to access the Therapeutic Community and to reunite with his 6 year old child and reconnect with his older child from whom he had been estranged.
- The continuation of 'single sessions' family work particularly at the Therapeutic Community. This entails service users and partners/ family members coming together to discuss concerns, challenges and the service users progress in the Family Program.
- Providing opportunities for families to attend recreational activities as a family unit, to access health services at Windana Health and Healing, and to support families in access to other Windana services.
- Providing support and assistance for families to plan for Christmas and other holidays.
- Assisting 130 individuals to achieve the goal of reduced substance use and high risk behaviour.

Withdrawal and Coordinated Care

Street Project

The Street Project continues to provide an invaluable assertive outreach service for Sacred Heart Mission (SHM) service users who are homeless, at risk of homelessness, and / or involved in street prostitution. Some of the key outcomes of the project this year have included:

- Our clients have accessed transitional housing with a view to entering long term housing when available.
- A number of clients have reconnected with children and / or other family members, with assistance from other government departments and / or service organisations.
- Many of our clients have been actively addressing substance use issues, and achieving broader health improvements.
- A peer group with a focus on harm minimisation, sustaining accommodation, budgeting, and daily living skills was facilitated.

Program participants have indicated that their involvement has assisted in meeting goals including:

- Helping to reduce and/or cease their substance use.
- Provided assistance and resources to aid in reducing high risk behaviours.
- Assisted in improving social function & engagement, links with other services.
- Help with improving physical health.

Peer Support

Over the past year, the Peer Support Program continued to have a strong service user attendance with numbers averaging between 14 and 20.

The Peer Support Group allows participants who are experiencing problems with substance use to come together to share their insights into the recovery process.

Participants are supported by staff and everyone is given the opportunity to learn from one another and support others within the group.

Withdrawal and Coordinated Care

Supported Accommodation

A significant number of clients were provided case management and support in over twenty supported accommodation properties across the South Eastern corridor this past year. The supported accommodation program provides continuing assistance to people who have undergone a drug withdrawal program, or people requiring assistance in controlling their drug use, who would benefit from a period of three to twelve months in a supported accommodation environment.

Over the past year the program has offered the Mindfulness Relapse Prevention Group along with financial advisory support, art therapy, social outings, physical exercise and swimming groups and a weekly cooking group with a focus on sustainable and affordable nutrition.

Dual Diagnosis Project

The Dual Diagnosis Project continues to provide valuable support to clients with both substance misuse and mental health presentations. The project has achieved the following over the past twelve months:

- Introduction of improved mental health screening tools
- Development of partnerships and collaboration with community based addiction medicine general practitioners to provide a seamless admission screening and mental health plan for clients entering withdrawal
- The development of a suite of self-harm and suicide awareness tools and training – more than 30% of Windana staff participated in the ASIST training in the second half of the year in order to improve our capacity to undertake suicide risk assessment and prevention
- Training for all staff regarding the administration and interpretation of the Mental State Examination tool
- Training for staff regarding the new mental health screening and assessment pathway
- Participation in training to further improve our response to clients with substance misuse and borderline personality disorders
- Training sessions focussed on the psychopathology of co-occurring conditions

People and Culture

Windana was proud to retain its quality accreditation in October 2013, where it was assessed against the Quality Improvement Council (QIC) Standards. This result is thanks to the continued emphasis on excellence in service delivery.

In addition, Windana completed its first self-assessment against the Department of Human Services Standards in December 2013. These cover empowerment, access and engagement, wellbeing and participation of clients within services. Our assessment was that we met the standards in all four areas but still designed an optional improvements plan around some aspects of our services including diversity and client advocacy.

Negotiations for a new Enterprise Agreement for staff continued during the year. Windana's aim in offering an Enterprise Agreement is to ensure staff work under good conditions, as well as to strengthen flexibility and rewards. Staff representatives and the Australian Services Union were actively involved in this process and were positively engaged in seeking to reach agreement on terms that offer the best solutions for staff and Windana.

In May 2014 the annual staff engagement survey was conducted. 71 Employees responded and as in previous years, we found we have a highly motivated and engaged workforce. 64 respondents said they are proud to tell people they work at Windana and the top 3 motivational issues for staff were identified as personal satisfaction, self-pride in doing great work and doing a challenging and interesting role. It is great to see how much our employees value the service they provide for clients. In the next year we will be working on areas they asked us to improve, including supervision, and staff training and development.

Towards the end of 2013/14 the performance appraisal system was revised in response to staff feedback. A more straightforward approach that links key performance indicators and expected behaviours to our strategic plan is scheduled for implementation in 2014/15. This is a keystone of good Human Resources practice and we look forward to working with staff across the organisation to evaluate the new system.

We also undertook a comprehensive review of mandatory training expectations and will implement a new calendar for mandatory training in 2014-15. This will continue to boost the skills of staff and the quality of service to clients ensuring we comply with legislation, standards and best practice. Our revised calendar also responds to comments received from staff in the 2104 staff survey requesting more training.

On a personal note, I came into the role of Manager, People and Culture at the end of March 2014 and was delighted to join a group of wonderful staff who all aim to give clients the best service possible. In meeting staff for the first time, I was impressed by their dedication, knowledge and enthusiasm. I hope to continue to build on this positive culture, for, as we know, the success of Windana is based on the quality of interaction we have with each and every service user.

Connie Gardner
Manager - People and Culture



Client story

Meg*

Meg is a 31 year old woman with a history of amphetamine, benzodiazepine and quetiapine dependence. She sought treatment at Windana having lost her housing and access to her child as a result of her drug use.

Meg had survived family violence, perpetrated by the father of her child and was estranged from her parents and siblings. She successfully linked in to the Family Program and worked with our people to achieve entry to Windana's Therapeutic Community and continued to engage with supportive services provided by the Department of Human Services, participated in single session family counselling with her parents and developed her parenting skills through the Tuning in to Kids and Parenting Group.

Meg successfully completed the Therapeutic Community Program, entered the Integration Program and is now participating in vocational training and working 3 days per week. She has unsupervised access to her 3 year old son, has an improved relationship with her parents and siblings and is enjoying attending family gatherings and celebrations.

* Name has been changed



Drug & Alcohol Recovery



Therapeutic Community

The Therapeutic Community (TC) at Maryknoll provides services to adults from across Victoria who present for treatment with Alcohol and Other Drug (AOD) related issues. Throughout the year, the TC has had an average occupancy of 90 percent and the average length of stay has been 90 days, which is an increase from previous years.

A more structured approach to integration and after care has been a feature of the years' activities. A review of the transition pathways for residents identified the need for closer engagement with recent graduates and alumni of the Windana program. The changes were implemented and have been very well received.

The slow stream pharmacotherapy program continues to be a successful initiative at the TC. The program allows up to four residents at any one time to reduce their prescribed use of Suboxone or Methadone whilst participating in the TC program.

We established a partnership with Latrobe Community Health Service to provide dental treatment at the TC. The visiting treatment service is maintenance focused rather than extraction and generally begins in Phase 2 of the TC program.

The ongoing support of Dr John O'Donohue to residents of the TC continued throughout this year. Dr John holds a weekly clinic that includes the clinical team and individual residents in case conferencing. This process ensures all treatment plans are reflective of the individuals medical needs as well as psychological and social.

During the year the TC focused on the implementation of health education groups. The groups have been very well received by residents and have included topics such as sleep hygiene, dental care, blood borne virus, HIV, STI and Nutrition. From resident feedback and by popular demand, Yoga and Qi Gong were introduced into the weekly timetable.

Through the generosity of the Casey Rotary Club, a beautiful gazebo was installed on the grounds of the TC. The whole community came together for the ribbon cutting ceremony with the Mayor and local councillors in attendance alongside the Rotary Club members. It wouldn't be a Windana event without a song and this was no different with renditions of the gazebo's anthem being sung for months later.... "it's not a rotunda, it's not a pergola, it's a gazebo!"

We were successful in our submission to the Local Infrastructure Assistance Fund (LIAF) and received funding for a back-up diesel generator. The generator has been installed and will assist in minimizing the impact of power outages that arise from changes made to the electricity network on days of high fire risk.

Support of Safeway Pakenham has allowed the TC to participate in fundraising BBQ's throughout the year. The TC also sold some of its plants and vegetables. This year the TC raised approximately \$2000 that has gone towards new sporting equipment.

Towards the end of this reporting period Windana commenced participation in 'The Social Networks and Recovery study (SONAR)'. The study is funded through the Australian Research Council and will be conducted by researchers from Turning Point, Monash University, The University of Queensland and Deakin University.

It is a world-first longitudinal study that will document people's recovery journeys and identify factors that lead to long-term recovery. Initial data collection at the Windana site will continue into next year. Thus far residents have responded positively and shown a keen interest in this work being completed.

A new permanent resident of the TC, Ralph D. Cat arrived in May of this year. Ralph is a ginger and white cat that is now living in House 3 and has settled in well. He receives a lot of love and attention from many community members.

Clare Davies
Manager - Residential Rehabilitation



Community Services

The Intake and Assessment (I&A) team continued to provide a high standard of care to clients accessing Windana for information, initial needs identification and assessment in 2013-14. The duty system worked with 5000+ calls and walk in contacts.

More than 2000 screenings and assessments were completed with 1838 treatment episodes commenced and 569 contacts being referred on and/or not proceeding. The counselling program and I & A workers facilitated the Therapeutic Community (TC) Information and Preparation Groups which have seen better follow through by TC clients and played a significant role in reducing anxiety prior to and during the first days after admission to the TC.

I&A staff liaised with clients GPs and pharmacotherapy prescribers with the support of the Drug Withdrawal Unit nurse to set up withdrawal regimes prior to entry into Windana programs. They and the Drug Withdrawal House staff are to be commended for their resilience in managing this complex work in the absence of a dedicated addiction specialist overseeing the Withdrawal Unit.

The Forensic Post Residential Linkages Program continued to operate at St Kilda and as a program exit-planning component at the Therapeutic Community. This aftercare model has provided vital support to clients who have entered treatment via the forensic brokerage system and is available for people who complete the residential program as well as those who leave in an unplanned way.



Forensic Counselling brokered through Australian Community Support Organisation's Community Offenders Advice and Treatment Service (ACSO COATS) has provided a responsive and often transformational therapeutic response to clients who are attending for counselling only and who are involved in other Windana programs.

Engagement for 35 percent of clients has followed on to a second episode of sessions being requested and brokered by ASCO COATS and significant treatment goals have been achieved by 82 percent of clients in treatment.

Windana Health and Healing provided naturopathic consultations, complementary medicines and nutritional advice to residential clients & post treatment care. The student acupuncture clinics and massage clinics treated Drug Withdrawal Unit clients and community members including clients accessing the clinics via Sacred Heart Mission Street Project and Family Program.

Yoga, massage, Reiki and meditation are provided by a mix of dedicated sessional workers and volunteers and are accessible both in programs, after exit and to the general community. Windana's dispensary continued to provide a high quality range of complementary medicines, health care products and healthy snacks as a source of revenue to support low cost complementary health services to Windana clients.

Sarah Fair
Manager - Community Services





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Drug & Alcohol Recovery

Concise

Concise Financial Report

for the year ended 30 June 2014



Concise Financial Report

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF WINDANA DRUG AND ALCOHOL RECOVERY INC

We have audited the accompanying financial report of Windana Drug and Alcohol Recovery Inc., comprising the statement of financial position as at 30 June 2014 and the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, notes to the concise financial report and board declaration which was derived from the full financial report of Windana Drug and Alcohol Recovery Inc. for the year ended 30 June 2014. We expressed an unmodified auditor's opinion on that financial report in our auditor's opinion.

The Responsibility of the Board for the summarised financial report

The Board are responsible for the preparation and fair presentation of the summarised financial report in accordance with the requirements of the relevant Australian Accounting Standards. This responsibility includes establishing and maintaining internal control relevant to the preparation and fair presentation of the summarised financial report

Auditor's Responsibility

Our responsibility is to express an opinion on the summarised financial report based on our audit which was conducted in accordance with Australian Auditing Standards.

These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the summarised financial report is consistent with the full financial report from which it was derived.

Our audit procedures in respect of the summarised financial report included testing that the information in the summarised financial report is derived from, and is consistent with, the full financial report for the year.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Auditor's Independence Declaration

In conducting our audit, we have complied with the independence requirements of the Australian professional accounting bodies.

Auditor's Opinion

In our opinion, the information disclosed in the summarised financial report of Windana Drug & Alcohol Recovery Inc. for the year ended 30 June 2014 is consistent, in all material respects, with the full financial report from which it was derived.

For a better understanding of the entity's financial position and performance and of the scope of the audit performed, the summarised financial report should be read in conjunction with the full financial report from which it was derived and the auditor's report thereon.



William Buck Audit [Vic] Pty Ltd
ABN: 59 116 151 136



A.P. Marks
Director

Dated this 24th day of November, 2014

BOARD DECLARATION

In the Board's opinion

- a.** This report is an extract of the full financial report and is consistent with the full financial report, as such the statements and disclosures in this report have been derived from the full financial report;
- b.** This concise financial report cannot be expected to provide as full of an understanding of the financial performance, financial position, financing and investing activities of the entity as the full financial report;
- c.** Further financial information can be obtained from the financial report and that the financial report is available, free of charge on request to the entity.

On behalf of the board

Dated this 24th day of November 2014



Jenny Gillam - Chair



Amy Jewell - Treasurer

Concise Financial Report

STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2014

The accompanying notes form part of these concise financial statements.

		2014 \$	2013 \$
Revenue	Note 2	7,250,026	6,564,445
Employee benefits expense		(5,450,638)	(5,163,046)
Depreciation and amortisation expense		(199,097)	(191,679)
Administration expense		(1,515,740)	(1,355,940)
Total Expenditure		(7,165,475)	(6,710,665)
Current year profit (loss) before income tax		84,551	(146,220)
Income tax expense		-	-
Current year profit (loss) for the year		84,551	(146,220)
Other comprehensive income after income tax:			
Net gain on revaluation of land and buildings		-	-
Total comprehensive income/(loss) for the year		84,551	(146,220)
Total comprehensive income/(loss) attributable to members of the entity		84,551	(146,220)



Judy Thompson
Manager - Finance, Fleet and Facilities

Concise Financial Report

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2014

The accompanying notes form part of these concise financial statements.

		2014 \$	2013 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	Note 3	897,093	695,258
Inventories		23,694	33,065
Other assets		54,511	32,352
TOTAL CURRENT ASSETS		975,298	760,675
NON-CURRENT ASSETS			
Property, plant and equipment	Note 4	7,128,208	7,178,783
TOTAL NON-CURRENT ASSETS		8,103,506	7,939,458
TOTAL ASSETS			
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables		496,218	375,909
Provisions		327,465	340,720
Income in-advance		78,709	165,482
TOTAL CURRENT LIABILITIES		902,392	882,111
NON-CURRENT LIABILITIES			
Provisions		135,130	75,914
TOTAL NON-CURRENT LIABILITIES		135,130	75,914
TOTAL LIABILITIES		1,037,522	958,025
NET ASSETS		7,065,984	6,981,433
EQUITY			
Reserves		4,161,619	4,161,619
Retained earnings		2,904,365	2,819,814
TOTAL EQUITY		7,065,984	6,981,433

Concise Financial Report

STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2014

	Retained Earnings	Revaluation Surplus Reserve	Total
	\$	\$	\$
Balance at 1 July 2012	2,966,034	4,161,619	7,127,653
Total comprehensive income for the year			
Profit (Loss) for the year	(146,220)	-	(146,220)
Balance at 30 June 2013	2,819,814	4,161,619	6,981,433
Balance at 1 July 2013	2,819,814	4,161,619	6,981,433
Total comprehensive income for the year			
Profit (Loss) for the year	84,551	-	84,551
Balance at 30 June 2014	2,904,365	4,161,619	7,065,984

The accompanying notes form part of these concise financial statements.

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2014

	2014 \$	2013 \$
CASH FLOWS FROM OPERATING ACTIVITIES		
Operating grants receipts	6,926,637	6,692,580
Other income received	906,727	623,235
Interest income received	24,010	22,528
Payments to suppliers and employees	(7,524,517)	(7,126,497)
Net cash provided by / (used in) operating activities	332,857	211,846
CASH FLOWS FROM INVESTING ACTIVITIES		
Deposits paid for acquisition of plant and equipment	-	(32,352)
Proceeds from disposal of plant and equipment	11,321	11,569
Payments for acquisition of plant and equipment	(142,343)	(52,375)
Net cash used in investing activities	(131,022)	73,158
Net increase (decrease) in cash held	201,835	138,688
Cash and cash equivalents at beginning of financial year	695,258	556,570
Cash and cash equivalents at end of financial year	897,093	695,258

Note 3

Concise Financial Report

NOTES TO THE CONCISE FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2014

NOTE 1: BASIS OF PREPARATION OF THE CONCISE FINANCIAL REPORT

The concise financial report is an extract from the full financial report for the year ended 30 June 2014.

The financial statements, specific disclosures and other information included in the concise financial report are derived from and are consistent with the full financial report of Windana Drug & Alcohol Recovery Inc. The concise financial report cannot be expected to provide as detailed an understanding of the financial performance, financial position and financing and investing activities of Windana Drug & Alcohol Recovery Inc., as the full financial report. A copy of the full financial report and auditors report will be sent to any member, free of charge, upon request.

NOTE2: REVENUE AND OTHER INCOME

Grant revenue	2014 \$	2013 \$
State and Federal Grants	6,373,890	5,978,682
Other revenue:		
Client fees	579,815	510,311
Interest received	24,010	22,528
Other income	272,311	52,924
TOTAL	7,250,026	6,564,445

NOTE 3: CASH AND CASH EQUIVALENTS

Cash at bank / on hand	53,834	26,801
Short-term bank deposits	843,259	668,457
TOTAL	897,093	695,258

Reconciliation of cash

Cash at the end of the financial year as shown in the statement of cash flows is reconciled to items in the statement of financial position as follows:

Cash and cash equivalents	897,093	695,258
The entity has an overdraft facility of \$30,000 with the ANZ Banking Group. This overdraft facility is subject to annual review by the bank.	897,093	695,258

NOTE 4: PROPERTY PLANT AND EQUIPMENT

Freehold land and buildings are shown at fair value based on periodic, but at least triennial, independent valuers, less subsequent depreciation for buildings. The entity's land and buildings were last re-valued on 31st May and 1st June 2012 by independent valuers. The Board elected to bring the valuation to account at 30 June 2012.

A large rectangular area with a light gray background and horizontal blue lines, serving as a space for notes. The lines are evenly spaced and extend across the width of the area.



Thank you

Our supporters and volunteers who have provided greatly appreciated collegial, financial, recreation access, therapeutic and other support.

Volunteers:

Robyn Home-Herbig, RMIT, Tino D'Angelo and The Southern School of Natural Therapies, Sue Macaw, Susan Hendry, Bianca Mitchell, Australian College of Sports Therapy, Peter Tiernan.

Partners, individuals and corporate supporters:

South East Melbourne Medicare Local, Bayside Medicare Local, Stepping Up, Mr and Mrs R Macaw, 4C's – Cardinia Combined Churches Caring, The Attard Family, Latrobe Community Health Service – Dental Program, The McLeod Family Foundation, Dandenong Drug Court, Taskforce, Ignite Bollywood, Woolworths Pakenham, Metalogix, Berwick Opportunity Shop, IP Trading, Secure Global, Sacred Heart Mission, SHARC, Family Drug Help, WAYSS, Hanover, Homeground, Dorevitch, Winja Ulupna, Myuna Farm and St Kilda Mums.

How you can help

Donate Donations are directed to our Wish List items, or to a specific program or project of your choice. Donations may be made by cheque, money order, or online. See our website ('You can help') for further details on our Wish List and how to donate. Windana is a registered deductible gift recipient and income tax exempt not-for-profit organisation. All donations of \$2.00 and over are tax deductible.

Workplace Giving A donation through workplace giving is a great way to make a big difference with a small, regular donation. Ask for one of our brochures or see our website for further details.

Remember us in your Will See our website for samples of bequest clauses.

Volunteer In-kind and professional pro bono support is always welcome. Contact Windana to find out how your skills can help.

Natural Health Care Visit the Windana Community Centre for a range of competitively priced natural health services and therapies. All profit is directed to the free or low-cost services we provide to our clients.

Quality Windana is QIC accredited organisation

For further information:

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Email : windana@windana.org.au
Website : www.windana.org.au

Windana is a fully registered not for profit organisation with no religious or political affiliations. Windana acknowledges that we are gathered on the traditional lands of the Kulin Nation. At Windana we value the heritage and traditions of the indigenous people of this area.

Philosophy

We believe that change and growth are possible in all individuals as long as they so choose. We acknowledge the diversity in the nature of individuals and the many aspects of their lives (physical, psychological, spiritual, social). We therefore will be holistic in our attitudes, universal in our approach and provide as many facilities, options and stratagems as possible. We will ensure that not just one aspect of life or one single basis for change will dominate the whole.

We believe that growth is an ongoing learning process and that it will be sustained by providing a safe, caring environment where new behaviour and ideas can be freely experienced in an open, honest interaction with the whole Windana Community.

windana

Drug & Alcohol Recovery

An underwater photograph showing sunlight rays filtering through the water. The sun is visible on the left side, creating a bright glow and illuminating the water with rays of light. The water is clear and blue, with some bubbles and small fish visible. The overall scene is serene and beautiful.

www.windana.org.au