

Annual Report 2006 - 2007

Change and Growth Positive Pathways Througch Life

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The Windana Philosophy

We acknowledge the diversity in the nature of individuals and the physical, psychological, spiritual and social aspects of their lives.

We will be holistic in our attitudes and universal in our approach and provide as many facilities, options and stratagems as possible. We will ensure that not just one aspect of life or one single basis for change will dominate the whole.

We believe that growth is an ongoing learning process and that it will be sustained by providing a safe, caring environment where new behaviour and ideas can be freely experienced in an open, honest interaction with the whole Windana Community.

Vision

We envisage a society which enables individuals and families to recover from harmful alcohol and drug use and to build positive lives in mutually supportive and accepting communities.

Mission

We will achieve our vision by providing holistic drug and alcohol information, support, education and treatment services to individuals and families.

We will draw on our specialist expertise to increase community understanding of drug and alcohol related issues and we will develop a pro-active, educative focus to our work.

Values

We are committed to embracing the following core values:

Holistic

 incorporating a range of approaches and giving attention to all aspects of an individual

Supportive

- unflagging in our belief in individuals who wish to change and grow

Inclusive

 respecting differences in culture, religion, gender, age, family situation, background and economic status

Integrity

- ensuring honesty and respect in all our relationships

Innovative

 drawing on our expertise to develop new approaches to information, education, support and treatment

Accountable

- ensuring our processes and practices are open, fair and honest

Chairman's Address

The end of the year is a time to reflect on the great advances we've made in the past 12 months and focus our minds and enthusiasm on the year ahead.

There are many helpers at Windana who day after day assist other people to improve and make the most of their lives. In particular, I would like to thank the staff of Windana, led by our very committed CEO Carol Nikakis, who continue to do those extra things that make a difference to so many lives.

To my fellow Board members; thank you for so freely giving up your time. I would also like to thank the Directors who have retired from the Board during the year - Suzy Walker, Janine Scott and Martin Kantor. Martin had been a Board member for six years and Suzy for nine years. They provided the Board with valuable knowledge and insight and their contribution will be greatly missed.

I would also like to acknowledge the assistance of both Government agencies and generous benefactors. It is through their continued support that Windana is able to provide the high level of services and support to so many people.

In the coming year, we would like to increase support to assist with the well-being of individuals in a number of areas.

In particular, we would like to develop our ability to:

- tackle dual diagnosis, where people are dealing with depression and addiction;
- (2) provide support through our integration program for people who require assistance to make their way back into the community after committing to be drug free; and
- (3) provide supported accommodation for more single mothers and their children, as they create a new life together.



As you read through the Annual Report and visit our web site, we hope you will gain a greater appreciation of our commitment in providing assistance to people in need of our support. I would also encourage you to reflect on how you can assist us in making a difference to the lives of our clients as they journey with Windana.

Peter Hay Chairman

Chief Executive Officers Report

Our clients.....

As I sit to write this report, I am feeling reflective and proud of our achievements over the past year. The residents who join Windana on their journey of recovery provide amazing inspiration as they strive to improve their health, reconnect with family and friends and work through the many issues of alcohol and drug dependence. Withdrawal and longer term residential programs allow our clients the time and support they need to recover. Many will also access counselling, parenting and peer support, integration and supported accommodation.

Last year during Drug Action Week, we planted flower bulbs in the garden at St. Kilda. Everyone enjoyed the opportunity to participate in a special activity and as the flowers bloomed again this year, we celebrated new beginnings and remembered those who are no longer with us.

This year, over 900 clients and their families accessed our services and we know that the need is growing within the community. Windana provides an holistic and caring approach to drug treatment and the door is open to clients when they need us.

A much loved Patron.....

Windana has been blessed to have *Dame Elisabeth Murdoch* as our Patron and her support over the past year has been exceptional, as always. Dame Elisabeth graciously hosted a lunch to discuss our progress in February. A highlight of the visit for Peter Hay and I was a garden tour of Cruden Farm - on the electric buggy! It is certainly a memory of Dame Elisabeth that we will always cherish.

Ambassadors and Champions.....

Windana has dedicated Ambassadors and Champions who support us within the capacity of their professional and private lives. The generosity and time offered to Windana by our supporters is greatly appreciated.

Hard work at the top.....

The Windana Chair and Board have worked tirelessly to ensure that governance and strategic planning is of the highest priority and quality. Professional support from the various Board members has assisted our team to achieve our strategic goals and we are indeed fortunate to have such valuable and committed expertise within the organisation. On a personal level, I am especially grateful to various Board members for their guidance and excellent advice.

Our Managers and staff.....

To the senior management team and program managers, I extend heartfelt thanks for their extraordinary commitment to improving the lives of our clients and upholding our philosophy.

Managers run high quality, structured programs, whilst supporting staff as they work on the front line each day. Managers and staff are very special people who pass on their wisdom and genuine care to our clients, so that they are fully supported as they address their issues and move through the programs.

Our administration team often works under immense pressure and are to be congratulated for their patience and pragmatic support.

Quality Accreditation and all that it brings.....

Over the past year we had some stressful times as we worked through the Quality Accreditation process, but more importantly we have the satisfaction of achieving our goals after months of hard work. Our HR Advisor spent many hours guiding the management team and program staff and a positive aspect of our achievement was the development of team spirit, both within the programs and as an organisation.

Philanthropy at its best.....

Windana has been very fortunate to receive funding from various philanthropic trusts and we are now able to

implement a number of 'one off' projects that would otherwise not be possible.

The Department of Health and Ageing provided funding for the farm. This money allowed us to carry out much needed improvements and has been used effectively to upgrade the property.

IOOF Foundation is assisting Windana to create a new website. This is a work in progress and our staff have had many discussions with the project co-ordinator on how to best meet the needs of our potential and current clients, as well as the staff. The website will also be a major marketing tool for Windana and staff from Qube are providing the expertise needed to capitalise on opportunities.

We appreciate the commitment of the *Campbell Edwards Trust* to provide financial support that allows us to enhance our capacity to assist clients and their families who are coping with mental health issues, as well as drug and alcohol dependence. For many, 'dual diagnosis' is a battle that affects family life, friendships and the ability to cope with daily life. In coming years Windana will focus on helping clients develop useful strategies to cope with the many issues associated with 'dual diagnosis'.

The *Department of Victorian Communities* provided funding to scope the possible expansion of our complementary therapies, through the Windana Community Centre. We have outgrown the current facilities; however we must ensure that the Centre will be financially viable before making the decision to expand. A survey will be placed on the new website to assist with the scoping project.

The *JT Reid Trust* answered a plea for funding to build a new multi purpose court at the farm, so that residents will be able to play team sports such as volleyball, tennis and basketball in their leisure time. The Trust also provided funding to upgrade facilities at St. Kilda. We now have car parks that are safe and comply with OH+S standards and clients have a beautifully refurbished group room.

A benefactor from the *William Angliss Charitable Fund* has ensured that clients are able to access free/low cost acupuncture through the student acupuncture clinic. This service allows clients to enjoy the benefits of acupuncture as they undertake withdrawal and longer term recovery.

In addition, Auricular Therapy is offered to all residents in the Drug Withdrawal House with financial support from the *Lord Mayor's Trust*. We are also working on an improved version of the Windana Cookbook so that all residents will have a copy to take home when they leave our programs.

Perpetual Trust (BB Hutchings Foundation) funded the development of our new Healing Cards which have proven a major hit with all stakeholders and clients. The cards are designed to complement the mind/body/spirit philosophy that guides our work.

A grant from *Alcohol, Education Research Foundation* (*AERF*) has enhanced our management capacity and the management team undertook regular training days. We will continue this process with individual coaching and further training throughout the coming year.

It is always heartening when a submission is successful because we know that the benefit for our clients will be tangible and greatly appreciated. Staff have enjoyed the opportunity to undertake training and attend conferences during the past year.

The farm.....

Our Therapeutic Community ('the farm') continues to grow. Under the supervision of the Garden Therapist and Works Manager, we have a viable and productive garden where residents are able to work and achieve fruitful outcomes. We also have a little family of goats that provide fresh milk each day for the residents. The farm is very fortunate to have been supported by *John McLeod and his family* with much needed financial assistance for the garden and animal program, following a visit to see first hand how our residents participate to gain confidence and skills as they work in the garden or tend the animals.

Goldman Sachs JBWere assisted residents and staff to build a new bridge across the creek and to plant a commercial, biodynamic garlic crop during the winter. We are hopeful that this will become an annual event, as it was a rewarding and fun project for everyone involved.

Many residents spend long periods of time within our programs. They undertake extensive therapy and learn to live and work together. Genuine friendships develop and provide much needed support following integration back into the general community. I have enjoyed watching our clients regain their health and smiles as they look forward with hope, to a brighter future. Attending a number of 'commitments' and 'graduations' over the past year has been a highlight of my work with Windana.

Partnerships within the sector.....

Our partnerships have been consolidated with *Sacred Heart Mission* through Street Project and Berry Street Victoria with the Safe at Home program. Both programs provide a structure for clients who are seeking change and growth in their lives. Windana staff are committed to providing excellent support as needed, in collaboration with experienced and committed staff from the partnership agencies.

Windana will be a signatory to the *Mental Health Alliance Memorandum of Understanding* and is now working with partner agencies to develop protocols that will provide a seamless transition for clients moving between services. This is a three year project and members of the various working groups meet regularly to keep momentum.

The *Working Together Strategy* supported by DHS Dandenong, has also provided an opportunity for member agencies to work closely together to develop services for young people. This group meets on a regular basis to discuss youth issues in the Southern Metropolitan Region, Victoria. Clients often have complex and long term needs that can be addressed by agencies working together. The Department of Human Services (DHS) has supported Windana in our quest to provide a high quality service and we are able to draw on their expertise at all times. Our thanks to individual members of the DHS team who have provided guidance to various Windana staff when called on to assist. This was particularly relevant during Program Reviews and with the implementation of the new Children's legislation.

The future....

As we move into a new financial year, we will be implementing the Quality Work Plan and our three year Strategic Plan 2007-9. There is a solid workload ahead of us and many challenges to face. However we will continue to develop our organisation in a robust and professional manner, whilst not losing sight of the fact that we are here to work with clients who seek to rebuild their lives and to walk a new journey, where good health, happiness and connection are a conscious part of daily life.

On a personal note, my gratitude to the people who have mentored, guided and supported me over the past year. It has been a wonderful journey, with an opportunity to learn and grow in my role as CEO and in a broader sense, to participate as part of an extraordinary team. A special 'thank you' to my beautiful daughters. Their love and patience provides me with exceptional support and our conversations at the dinner table offer a valuable insight into the issues confronting young people.

I would also like to reflect on the passing of special people we have loved and worked with.They are sadly missed.

To the Windana staff who moved on to new positions in partner organisations, your legacy is valued and remembered.

In closing, I would like to thank and honor our clients for unending and tenacious courage, often in the face of adversity and heartache. Your footprint on Windana will guide us into the future.

Carol Nikakis Chief Executive Officer

Windana Board Members at 30th June 2007

Windana's work is overseen by a committed Board that has undertaken training in all aspects of Governance. All Board positions are honorary and we value the contribution made by past and present Board members. Board meetings are held monthly with an AGM scheduled in November of each year.

Peter Hay - Chair

Board Commencement Date 2004

Peter is a Director within the Audit services practice at KPMG in Melbourne, specialising in advisory services. Peter joined KPMG over 9 years ago from ANZ where he was a senior manager with the investment bank and a Trustee of the ANZ Australia Staff Superannuation Fund. He has had over 30 years working in the financial markets, including over 10 years at the ANZ and over 10 years at merchant bank Capel Court.

Finance and superannuation expertise, in particular: risk management, fraud reviews, project reviews, corporate governance reviews, Board self-assessments, strategic planning and compliance reviews, are all part of Peter's extensive skill set.

Anthony Rodwell-Ball - Treasurer Board Commencement Date 2003

Financial, commercial and general management across a range of industries have formed Anthony's professional career. His particular skills lie in the area of financial management and commercial management. Anthony is interested in business re-engineering, process improvement, compliance and governance. As a volunteer in not for profit organisations, Anthony has been actively involved with Lifeline, The Meniere's Support Group and Royal Victorian Institute for the Blind.

Jenny Gillam (Secretary) Board Commencement Date 2002

Jenny is the General Manager of Wallage Executive and has been with the company for over 10 years. In that time she has consulted into many medium and large private companies and not for profit organisations on the appointment of middle, senior and executive managers. Prior to this, Jenny enjoyed an extensive and varied career with the Commonwealth Government in the areas of employment, training and education. As a senior manager, she worked closely with the community and specific companies on a range of initiatives to create employment opportunities for the unemployed and other disadvantaged groups. Jenny has strong experience in the public, private and community sector and consulting skills in Human Resources management and Executive recruitment. Youth, family issues, drug and alcohol, and education are all areas of particular interest for Jenny.

Rebecca Smith - Deputy Chair Board Commencement Date 1999

With qualifications in health, welfare and management, Rebecca has worked in government and community managed service organisations in Australia and overseas. She has a solid skill base in community consultation, planning and program development. She is currently working as a project consultant. Rebecca is the Chair of the Windana Client Services Committee.

Des O'Connell

Board Commencement Date 1987

Des has a particular interest in the Windana Therapeutic Community where he was active in the planning, fundraising and building of Peter's Place - a mud brick building for the purpose of reflection and quiet meditation. His background of employment was as a Navy Officer and he holds qualifications in Finance Management, Aircraft Inspection and Architecture.

On a personal level, Des holds a strong commitment to alcohol and other drugs rehabilitation services.

Sally Webster Board Commencement Date 1999

In addition to experience in research and television journalism, Sally has built a career in various areas of law such as workers compensation, litigation, and migration. Her current work is in migration which has led her into the area of human rights. She was a founding member of The Justice Project in 2004 together with Julian Burnside QC and others and continues to contribute her professional experience in the areas of refugee law and governance of not-for-profit organisations.

John Gall

Board commencement Date 2006

Recently retired after 12 years as Managing Director of Franklin Templeton Investments Australia Limited, a subsidiary of Franklin Templeton, a large US based Global Investment Manager.

Prior to that John worked for National Australia Bank for 39 years where he held several senior executive positions in international banking and investment services. He has always been active in industry and community affairs

and has an interest in fund raising and marketing and is now making an important contribution as Chair of the Windana Marketing and Fundraising Committee.

Dr David Lewis

Board Commencement Date 2006

Clinician.

General medicine and Occupational Medicine

Patricia Healy Board Commencement Date 2006

Pat has worked for many decades in the areas of community/public health and occupational health and safety (OH&S), mainly in research positions, but also in service provision and management with government bodies, community organizations and academic institutes. Pat also has a long record of voluntary work in the areas of AOD service provision, women's health and community development.

Windana CEO Carol Nikakis

Carol Nikakis commenced her role as CEO with Windana two and a half years ago, with the aim of bringing 'fresh eyes' to the organization after a period of immense change. Strong leadership and support for the staff has assisted Windana to move into a new phase of development. Previously Carol established a food rescue charity (One Umbrella) with a group of friends and as the founding CEO/ over a 7 year period, was instrumental in creating a volunteer organization that now provides 200,000 meals to soup vans and shelters each year. A landmark piece of legislation was created with Hon John Thwaites and the Victorian Law Institute to allow food to be donated to charity without common law liability. This legislation is now being implemented across Australia and has opened up over \$40m of useable food that can be passed to charity, rather than dumped in landfill.

Carol has three adult daughters and in another life, ran a landscape design business, creating colorful city gardens with a small, committed team.

Director of Client Services

• 574 clients treated, 1019 episodes of care

Gender of Clients

Male 60%
 Female 40%

Where Referrals Come From

Self	46%
 Alcohol and Drug Service 	19%
 Brokerage (Government Services) 	10%
 Family, Relative or Friend 	3%
Homeless Services	2%
 Other service within Windana 	14%
Other	6%

Primary Drug of Choice in order of most frequent

Alcohol	35%	Heroin	24%
Cannabis	18%	Amphetamines	10%
Benzodiazepines	5%	Buprenorphine	2%
Methadone	1%	Morphine	1%

Age Range of Clients

 10-14 Years 	0.3%	• 15-19 Years 8%
• 20-24 Years	9%	• 25-29 Years 17%
• 30-34 Years	20%	• 35-39 Years 16%
• 40-44 Years	14%	• 45-49 Years 10%
• 50-54 Years	4%	• 55-59 Years 1%
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• 60-64 Years 0.7%

The numbers above reflect some of the work Windana has done over the past twelve months. Whilst they demonstrate that it has been another busy year, they are only a glimpse of the real achievements of clients, their families and Windana staff.

Behind the scenes, whilst simultaneously providing direct service, the whole organisation participated in strategic planing for the years 2007 – 2010. Windana also participated in its first round of quality accreditation and much of the year been taken up with journaling current systems, identifying gaps in systems and collating evidence for the review in February. As an organisation, staff are very clear why we practice the way we do and how we know we are doing what we say we do. However, it was refreshing to have a team of reviewers from QICSA have a look at our systems. The review report has resulted in some recommendations that align well with the 2007 – 2010 strategic plan. We have our work cut out for the

next few years. We will remain vigilant to ensure Windana's continuous quality improvement brings about real improvement and not change for the sake of change. This will be a challenge, but one which we will meet willingly.

Clients are able to provide input toward change in Windana, more so in some program areas than others. However, one of the goals of the strategic plan is to have a sustainable system for client input to service planning by 2010. Some would say this is too slow and to this I answer: we want to do this well, in a way that can be continuously supported by Windana into the future.

A major strength of the services Windana provided during the last year has been the talent and stability of the staff. They are a group of people I am both privileged and proud to work with. The programs work hard to be holistic in their approach; they promote harm reduction, self determination and are responsive in all their work. Program staff demonstrate considerable sensitivity to the needs of clients wherever they are in their treatment.

As to the future, we are working towards being even more competent in our service delivery. We are endeavouring to be accessible to our traditional client base and their families, and working towards identifying those in our community who may require drug treatment, but as yet do not access Windana services. We have had two staff participate in the Dual Diagnosis Reciprocal Rotation program and hope that these staff will contribute towards Windana continuing its work with clients with comorbid mental health and drug dependence issues.

For the first time in its history Windana saw more clients whose primary drug of concern was alcohol rather than heroin. We also saw a steady rise in clients with long term benzodiazepine dependence during the year. This has meant trying to have clients reduce in the community, have multiple episodes of care in residential withdrawal with gaps of stabilization in between. This ever shifting nature of our client group means we need to continually review who is using our services and adapt to the changing needs of clients, whilst remaining true to the Windana philosophical values.

Keith Edwards

Director Client Services

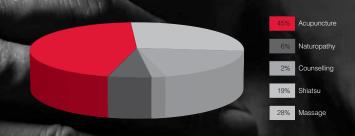
The Windana Community Centre

The Windana Community Centre is a valuable and unique public health program. Its value is evident by consistently providing affordable health care services and products to those most disadvantaged in the community, including highrisk health groups. A dedicated team of holistic practitioners offered 1851 individual complementary healthcare services in one year. The centre is unique because volunteers offered 74% of these services for free or for a gold coin donation.

Practitioners and volunteers are consistently inspired by the courage and determination of clients to make positive changes towards better health. The majority of these people have health histories marked by physical and psychological trauma, often with concomitant problematic drug use. Various one-to-one therapies - massage, naturopathy, shiatsu, acupuncture, reiki, counselling - offer treatment for specific health disorders, often chronic and complex. Group services, such as yoga and meditation, empower clients to incorporate these health practices into their daily routine. Windana also provides training to university and college students in health issues associated with drug use and poverty, homelessness.

Experienced staff offer professional advice and advocacy about vitamin and herbal supplements to a range of individuals and organizations. This is not only to Windana clients, but also to other drug treatment agencies throughout Australia and other local community groups such as the Sacred Heart Mission Street Project and the ConnectED program. Windana Community Centre hosted a successful stall at the VAADA conference in Feb 2007, showcasing its auriculotherapy, shiatsu and unique herbal withdrawal mixes and vitamins to many interested attendees. Windana was one of the pioneers of traditional medicines and therapies in addiction treatment in Victoria, if not Australia.

t continues to be unique in the drug and alcohol treatment service system by offering a range of traditional therapies along side pharmacotherapies. This occurs within its residential withdrawal unit, therapeutic community and youth withdrawal house. Internationally, complementary therapies offer valuable assistance in hundreds of outpatient and residential drug treatment services. Acupuncture is a popular therapy existing in over 500 treatment services worldwide. Research into the efficacy of complementary therapies in drug & treatment services is growing internationally and Windana is keen to contribute to this body of knowledge. Windana is proud to have a solid investment in complementary therapies. Windana Community Centre, with its 21-year history, will maintain excellence in professional treatment services in a safe and caring environment. In the forthcoming year, Windana is proactively exploring the possibility of utilizing its existing expertise to further develop an effective and accessible social enterprise.



Health Services Generating Income 2006 - 2007

Total Number of Client Visits Accessing Health Services = 464 62% of Total = Concession Card Clients 36% of Total = Non Concession Clients

Supported Accommodation Program

The Windana Supported Accommodation Program offers a community based program for adults and families whose lives have been affected by drug/alcohol use. In brief, the aims of the program are; to provide transitional housing to people who require assistance in addressing drug and alcohol related issues, develop an individual treatment plan with each person including short and longer term goals. Provide assistance in accessing support in the community, and to provide practical support to assist people in making positive changes and improving their quality of life.

The **Intensive Support House** is the initial phase of the program where daily groups are held, including weekly Art Therapy and a social outing. Weekly education/information groups are held for all clients within the program and a monthly recreation/outing is also provided.

I would like to take this opportunity to acknowledge all the people who are clients in our program. We as a team are constantly "blown away" by our clients' courage and commitment in addressing their issues and making changes.

Program Update: Over the last year there have been four people\families offered public housing which means they have permanent long term housing. Two people have passed their driving license, and a number of people obtained either part time or full time employment. We currently have 15 women, 14 men and 7 children residing in the program and eight children who have access. We have recently had a healthy baby boy born within the program and both baby and Mum are doing well. We have worked with a number of families over the last twelve months, with the assistance of family workers from Connections and more recently Safe at Home which has enhanced the service for clients and their children. In July 2006 the Women and Women with Children elements of the program were evaluated.

We are fortunate in the Supported Accommodation program to be able to tailor the treatment plans to suit each person's individual needs, taking a holistic approach. We work with people for a period of twelve months in an outreach capacity, which enables workers to be versatile in assisting clients developing their treatment plans.

Quality Assurance: As a whole organisation we have recently gone through this initial assessment process. Although this was hard going at times we have made many changes in our program including; developing feedback questionnaires and new glossy program brochures, revamped the welcome booklet for residents of the Intensive Support house and developed information packs for new residents. Our clients are aware of the Quality process and have assisted us with the feedback sheets.

We have worked with a number of external people and agencies this year including; *Odyssey (Opstep), Connections* and the *Parenting Support Program, Task Force, Pendap, Department of Human Services, Homeground, Hanover Southern, Wayss, Dorevitch Pathology, Dr Blatt, Sandringham Yacht Club, Coates and Forensic workers.* We have also worked with other Windana programs, including *Emma* and *Janine (Art Therapists),* and *Noemi* in her Integration role. I would like to thank these people and agencies for their support over the last year. My apologies to anyone I have not included.

We would like to express our gratitude to the St Augustine's Southern Opportunity Shop for their kind donations to our program which assist us to continue our weekly social skills development group.

Staffing: Lastly, but certainly not least, I would like to take this opportunity to thank the team for their dedication, commitment, passion and belief in the program. There have been many changes, but the current team is: Laura Stocks, Jennifer Hinge, Michael Smith, Lynn Callander, Craig Harvey, Tricia Lochhead and Fenja Schulze, who is currently on maternity leave.

Val Andrews Program Manager

Adult Drug Withdrawal Program

During a year of great change and creative development, the Adult Drug Withdrawal Program maintained delivery of a high quality, holistic service. The Adult Drug Withdrawal House has 12 beds to assist clients to withdraw from all drug types; a further 3 beds are available for people requiring a longer stay of up to 4 weeks. This self-funded Extended Program is dependent on bed availability, and written applications must be presented to the staff team. Opiates such as heroin and buprenorphine remain the drugs of choice, followed by alcohol, cannabis, benzodiazepines and amphetamines. There is a continued increase of clients presenting with poly-drug use issues, resulting in an emphasis on more complex withdrawal needs. This need reinforces the value of the Extended Program, which can be utilised for those clients in need of longer withdrawal periods before being able to consider post-withdrawal planning.

Early in the year the staff team took part in a retreat for two days' intensive work on the Quality Accreditation process. Highlights of our commitment to Continuous Quality Improvement throughout the year have been the reimplementation of the **Windana Auricular Therapy (WAT) Program** including recurring funding to enable yearly registration, training and supervision, and the strengthening of communication, referral, and information-sharing processes between Windana programs such as **Safe@Home** and the **Therapeutic Community**.

The **Reciprocal Rotation Project** is a much-needed and valuable contribution to partnership building and training, enabling workers from the AOD and Mental Health sectors to essentially "swap roles", or at the least gain experience and insight into each other's field of expertise. Other training attended has included Mood Disorders, Personality Disorders, Depression & Anxiety, and Pharmacotherapies. This enhances an already highly-skilled and multi-disciplinary team, which, combined with volunteers and external practitioners, enables delivery of the holistic service Windana is renowned for. In the words of one client:

"Thank you so much to all the staff for their amazing support and non-judgement".

Despite the complex client group, critical incidents in the program are markedly low - not surprising given the level of support and hard work from the Intake & Assessment Team, the medical expertise of Dr Charles Cyngler, and the dedication and reliability of the Casual Relief Team, without whom the program would not function. On a sadder note Karen Flanagan, a long-time staff member, passed away in November.

January saw the resignation of Wendy J Zani, whose knowledge, skill and caring nature underpinned her twelve years as Program Manager; teaching, supervising and mentoring. Wendy was a strong advocate for clients, staff and the program overall and often went over and above the call of duty. With respect and love we wish her well in new adventures.

Finally, and most of all, I would like to acknowledge the great courage, dignity and strength of our client group, who are the spirit of our work and put the meaning into our service delivery.

Jenni Horn

Acting Program Manager

Supporters:

Chapel Gate Pharmacy Dr Charles Cyngler East Oakleigh Meats Sunrise Fruits Coles Supermarkets Safeway Supermarkets Reiki Clinic Acupuncture Clinic Gita Yoga instructors Danks Trust St. Kilda Swim Centre Port Phillip Council Sue Macah - volunteer physiotherapist Vito Doquile - volunteer group facilitator Portia Mereki - volunteer group meditation facilitator Ilse Jamonts - group meditation facilitator

Community Services

Our dedicated professional counselling team provides specialist counselling to current and past clients of Windana residential programs. Post residential treatment is flagged at the point of assessment when clients are informed that their journey of change may be a long one, and need not be taken alone. The counseling team includes a specialist grief and loss counsellor and a family therapist. Grief and trauma often underpin the development of drug dependency and contribute to self defeating behavior. Working with the wider family dynamic, by offering family therapy where possible, is also powerful in bringing about individual change.

Relationships have been strengthened with the Community Offenders Advice and Treatment Service (COATS), the Court Referral & Evaluation for Drug Treatment Program (CREDIT) and Court Integrated Services Program (CISP), building on Windana's involvement in the Drug Diversion Strategy. These services refer clients who are pre-court, post sentence, post release, or on bail to address the role that alcohol and other drug issues can play in criminal activity and to highlight treatment as an alternative to incarceration. Drug diversion clients are referred to Windana counseling, drug withdrawal, supported accommodation and the therapeutic community.

The Intake and Assessment team is made up of highly skilled clinicians. They provide the first contact response to clients seeking treatment and work with them to assess their needs and to develop a plan based on individual goals and options. Treatment preparation is supported by the team in the lead up to entry to the drug withdrawal unit and the Therapeutic Community. The Intake and Assessment team manage all admissions to the Drug Withdrawal Unit and the Therapeutic Community, planning entry dates and allocating vacancies for approximately 750 places per year.

A duty system responds to general enquiries, referrals, initial needs identification and eligibility screening for people wishing to enter the Drug Withdrawal Unit and Therapeutic Community and manages the appointment system for intake and assessment. The demand on this service has doubled since commencement with up to 600 contacts per month being made to the duty system, or up to 30 requests for assistance per day.

The ConnectED program provides case coordination and linkages to clients with multiple and complex needs who present repeatedly to the Alfred Hospital Emergency Department and are in need of support. The success of ConnectED is due to the skills of the team members and the partnership approach forged by the seven member multi-agency team. The team comprises staff members from Windana, Prahran Mission, RDNS Homeless Persons Program, Port Phillip Community Group, Bayside Community Health, Sacred Heart Mission and Inner South Community Health Service, and includes a worker located within the Emergency Department. ConnectED works closely with mental health services, private psychiatrists, housing agencies and support services. The team has access to secondary consultation with AOD specialist counsellors from both Windana and SouthCity Clinic.

The **Community Services Team** has worked closely with Waiora Clinic this year, with the aim of building relationships between the two services, and increasing the skill base of clinicians through regular meetings.

The Southern Dual Diagnosis clinician has also provided secondary consultation and commenced the provision of group supervision to Intake and Assessment staff. A professional development program was funded by the Campbell Edwards Trust. The funding was used to make a Dual Diagnosis clinician available for secondary and primary consultation to Windana staff. A comprehensive clinical training needs analysis was conducted and training sessions were provided. A program of training was set up by the Community Services program as the result of the analysis.

It has been a busy year and my heartfelt thanks is extended to my professional and hardworking staff.

Windana Youth Community House

A strong focus over the past year for the organisation has been the implementation of the Continuous Quality Improvement (CQI) framework. The team at WYCH has been challenged in a positive way throughout this process, in reflecting and exploring the values, practices and systems that underpin the work undertaken at WYCH.

In addition to concentrating on the CQI requirements, 2006/7 has seen the team at WYCH maintaining their unrelenting commitment to the many young people making the brave decision to withdraw from alcohol and/or drugs. Cannabis and alcohol remain the main substances for which young people access WYCH. With the availability of amphetamines increasing in the community, over the past year we have seen a steady increase in the number of young people withdrawing from speed, ecstasy and/or ice. Further, as is indicative of the AOD sector as a whole, it has been common for young people referred to WYCH, to present with a dual diagnosis that is, a co-existing mental health and substance use disorder. With the support received from the clinicians of the Southern Dual Diagnosis Team, coupled with the staff's capacity to deal skillfully with this target group, we have worked hard at WYCH to strengthen our practice in supporting young people with a dual diagnosis pre, during and post withdrawal.

There have been a multitude of highlights throughout the past year at WYCH. Namely:

- The ongoing privilege to participate in each young person's unique journey.
- Establishing a shared set of objectives for WYCH, under taken at a team planning day.
- The participation of a WYCH staff member in the Dual Diagnosis Rotation project and the capacity for the team to share, learn and benefit from his experiences.
- Piloting a post withdrawal support program for young people, utilising existing resources.
- Piloting a peer support group for young people who are

or have been clients at WYCH and for young people accessing the SEADS supported accommodation program, also utilising existing resources.

- Participating in the Statewide Youth Withdrawal Services Evaluation project organised by the Department of Human Services.
- The feedback received from the young people about the program, which demonstrates the determination and courage of these young people and which makes me proud to be part of the team at WYCH.
- The capacity of the team to work closely with young people, their families and other services in the community, so that connections can be maintained and enhanced during and post withdrawal.

It is with optimism that I look to the year ahead, as I am confident that many opportunities will arise to build upon the achievements of 2006/7.

Carmel Cataldo

Manager

Outreach Services

As Manager of **Outreach Services** I feel confident in saying that in the last year we have lived up to our name. In particular, we have 'reached out' to children, the extended family, those most socially disadvantaged in the City of Port Phillip and those with quite severe mental health/drug use issues on the Mornington Peninsula.

In expanding Windana's services, we have made a considerable effort to not re-invent the wheel. We have focused upon working collaboratively with existing Windana programs and other agencies, to learn from their expertise and enhance outcomes for all.

The **Safe@Home** program has consolidated its approach and expanded the services it offers. This would not have been possible without the support, both financial and organizational, of the Colonial Foundation. Their generous investment has allowed the program to be responsive to needs that are identified both through practice wisdom and ongoing process evaluation. Options available to Windana families now include long term outreach support, provision of direct su pport to the children of our clients, information Options available to Windana families now include long term outreach support, provision of direct support to the children of our clients, information, education and advocacy for parents, parent support groups, and education and enhancement of Windana's existing services to promote family friendly practice

The establishment of a successful partnership with *Berry Street Victoria* has been a significant achievement and the shared vision our organisations have developed is an inspiration. It continues to motivate us to learn and further develop our expertise as a family Drug and Alcohol treatment service. Our key goals for the forthcoming year include the ongoing development of services to children, the provision of a family worker to assist parents on weekends and evenings with 'access', to promote re-unification and to gain ongoing Government funding.

The Peer Support program has developed 'a new lease of life'. The collaborative work with SEADS (South East Alcohol & Drug Service) and PenDAP (Peninsular Drug and Alcohol Program) has resulted in Peer Support finding its place in Dandenong and Rosebud. The group in St. Kilda has grown significantly and the issue of over crowding due to numbers is a challenge we welcome.

The Street Project (Sacred Heart Mission partnership) is now well established. The Windana worker is clearly a part of the Sacred Heart team and this collaboration results in more clients accessing Windana and other treatment services. This is particularly notable regarding Peer Support and this linkage means that Windana has broadened its accessbility to those who are extremely disadvantaged in the City of Port Phillip.

The sense of teamwork that has been established in **Outreach** could not have taken place without the commitment and openness of the Windana team and other agencies. I would like to take this opportunity to thank all those individuals and agencies who have demostrated their commitment to our clients through our **Outreach** program.

Karen Efron

Manager

Occupational Health and Safety Report

Windana's ongoing Strategic Plan is providing a sound foundation for the development and implementation of **OH&S and Risk Management** strategies and procedures, and a culture of risk awareness has been fostered throughout the organisation. A reduced level of long-term Workcover claims continues to create a flow on effect of reduction in Workcover premiums. We have recently received very encouraging notification from our Insurer that our claims cost over the last three years is 13.4% better than the average for our industry class.

Jogn McGuire - Chair, and the OH&S Committee, comprising of management and staff from across the Organization, continues to meet each month and reports to all staff through monthly management meetings.

Many initiatives have been directed and completed by the OH&S Committee this year, including the completion of "Return to Work Coordinator" training for a Windana staff member. Other initiatives have included:

- The installation of a Duress alarm system in the administration building and in DWH to assist in dealing with critical incidents. The OH&S Committee is currently in the process of purchasing pager units to complement this alarm system.
- The carparks at St Kilda and DWH have been resurfaced and parking bays clearly line-marked, resulting in userfriendly access to more orderly parking. The clear delineation of the carparks has also improved accessibility to the office.
- Pavers removed prior to the carpark resurfacing have been delivered to the TC for future paving work between the residential units. This is a work in progress.
- A ramp to enable wheelchair access has been obtained for DWH.
- Fire evacuation plans and procedures have been clearly posted at all sites.





Therapeutic Community

The emphasis this past year has been on reviewing the program with a view to improving the quality of service delivery.

A working farm environment has developed an increased capacity to provide eco-therapy for residents, sustain the land along biodynamic principles, and yield organic produce for the community's kitchen and to sell.

The completion of a more environmentally friendly waste treatment system and continued development of a water-wise infrastructure will assist the farm to maximise the use of water and power cost effectively. It has been gratifying that groups within the corporate sector are supporting the farm's continued development.

Thanks to a grant from A.N.C.D the community now has a multipurpose audio visual facility, which will support adult learning in a comfortable environment with current technological equipment.

High ratios of dual diagnosis admissions, compounded by previous indiscriminate poly drug use and insufficient detoxification time prior to coming to the Windana Therapeutic Community, pose an ongoing management challenge.

It is increasingly evident that the initial weeks of admission necessitate a period that allows for physical healing, psychological assessment and medication review, before further developmental learning is appropriate. To facilitate this adequately, the **Therapeutic Community** program has developed a working relationship with a psychiatrist in private practice to access, monitor and review residents' progress.

The community has also been part of a reciprocal rotation project with the mental health system, whereby mental health workers will undertake placements to expand their understanding of alcohol and other drug use on mental health. The development of a more comprehensive integration service under the legislated changes of the federal 'return to work' strategy, has been introduced this year. A worker is now on-site to assist with more seamless entry back into the wider community, earlier engagement with parenting workers in order to facilitate healthier access to children, and forging a closer liaison with Centrelink to adequately ensure residents' needs are financially met.

Promoting and ensuring the facilitation of positive, functional daily life experiences in a longer-term residential community for up to forty men and women, delivering a quality programme to promote sustainable change for residents and meeting the challenges of the changing demographics of the target population, would not be possible without the creative enthusiasm of a small but dedicated team of staff, relievers, volunteers and past resident role models who give the journey meaning.

Antigone Quince

Programme Manager



"My placement ..."

I chose to do my six week placement at the Windana Therapeutic Community ('the farm') after a brief visit a few months earlier. I couldn't put my finger on it but there was definitely a great energy that made me want to return and complete my six week placement there.

For the six weeks I was at the TC I found it to be an amazing place, I enjoyed myself and found it to be extremely beneficial, not just for the residents but for myself as well. There was something very special about being surrounded by people who are committing themselves to their own personal development; people that are taking positive steps to change their lives and opening the doors to new experience. I don't think you would find such a concentration of people trying to achieve these things in many other places in the world, so I felt very privileged to be involved in this. During my six weeks at the farm, I met many different people; wonderful people with many stories to tell and a wealth of human experience at their disposal. I got to speak a lot with both the staff and residents, listening to and working with people also taught me a lot about myself. During my time at the farm I witnessed hostility, anger, sadness, animosity and confrontation but I also saw inspiration, beauty, happiness and realization. Although at times it may have been hard to see, infused in all of these highs and lows was an underlying love that the people had for themselves and each other; a love that helped them make the changes they needed to make.

I have learned a lot about myself while working here and I realize that this place really holds a mirror up to your life, as any issues that arise with the residents makes you question that same corresponding part of your own life. I've enjoyed playing a part in the time of people's lives that can be so instrumental in their growth and change. I really value the last six weeks at a place where I feel an

environment has been created where people can freely progress through their own personal growth, both staff and residents. To be in a place where having love and respect for yourself as one of the major objectives, was special, I felt great about sharing this time with all the residents and will look back fondly on this experience.

Rick



5th October 2007 **The Board of Management** The Windana Society Inc 88 Alma Road ST KILDA VIC 3182

INDEPENDENT AUDITOR REPORT TO THE MEMBERS OF THE WINDANA SOCIETY INC

Report on the Concise Financial Report

The accompanying concise financial report of The Windana Society Inc. comprises the balance sheet as at 30 June 2007, the income statement, statement of recognised income and expenditure and cash flow statement for the year then ended and related notes, derived from the audited financial report of The Windana Society Inc.for the year ended 30 June 2007. The concise financial report does not contain all the disclosures required by Australian Accounting Standards.

Board of Management's Responsibility for the Financial Report

The board of management of the Society is responsible for the preparation and presentation of the concise financial report in accordance with Accounting Standard's AASB 1039: *Concise Financial Reports* (including the Australian Accounting Interpretations), statutory and other requirements. This responsibility includes establishing and maintaining internal control relevant to the preparation of the concise financial report, selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

Our responsibility is to express an opinion on the concise financial report based on our audit procedures. We conducted an independent audit, of the financial report of The Windana Society Inc for the year ended 30 June 2007. Our audit report on the financial report for the year was signed on 4 October 2007 and was not subject to any modification. The Australian Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain



reasonable assurance whether the financial report for the year is free from material misstatement.

Our procedures in respect of the concise financial report included testing that the information in the concise financial report is derived from, and is consistent with, the financial report for the year, and the examination on a test basis, of evidence supporting the amounts, discussion and analysis, and other disclosures which were not directly derived from the financial report for the year. These procedures have been undertaken to form an opinion whether, in all material respects, the concise financial report complies with Accounting Standard AASB 1039: *Concise Financial Reports* and whether the discussion and analysis complies with the requirements laid down in AASB1039: *Concise Financial Reports*.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit we followed applicable independence requirements of Australian professional and ethical pronouncements.

Auditor's opinion

In our opinion, the concise financial report of The Windana Society Inc for the year ended 30 June 2007 complies with Accounting Standard AASB 1039: *Concise Financial Reports*.

Andrew P. Marks Director

> A member of the Webb Group Cnr Toorak & Auburn Roads Hawthorn East Vic 3123 Australia Telephone + 61 3 9822 8686 Facsimile +61 3 9824 8578

STATEMENT BY BOARD

for the Year Ending 30 June 2007

The directors of The Windana Society Inc declare that the concise financial report of The Windana Society Inc. for the financial year ended 30 June 2007 as set out in pages 17 to 22

- (a) complies with Accounting standard AASB 1039: Concise Financial Reports; and
- (b) is an extract from the full financial report for the year ended 30 June 2007 and has been derived from and is consistent with the full financial report of The Windana Society Inc.

This statement is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:

Chair: Peter Hay

Melbourne October 2007

odwell Treasurer:

Mr. Anthony Rodwell-Ball

INCOME STATEMENT

for the Year Ending 30 June 2007

	NOTE	2007	2006
Revenue Other Income	2 2	5,108,707 18	4,914,676 8,466
Employee Benefits Expense Depreciation Administration Expenses		3,855,670 155,809 921,508	3,876,298 131,956 826,353
PROFIT BEFORE INCOME TAX	4	175,738	88,535
Income Tax Expense		-	-
PROFIT FROM OPERATIONS		175,738	88,535

BALANCE SHEET

As at 30 June 2007

	2007	2006
	\$	\$
Current Assets		
Cash and cash equivalents	1,372,887	809,762
Inventories	27,022	25,683
Other current Assets	4,914	10,267
Total Current Assets	1,404,823	845,712
Non Current Assets		
Property, Plant and Equipment	4,872,485	4,999,844
Total Non Current Assets	4,872,485	4,999,844
TOTAL ASSETS	6,277,308	5,845,556
Current Liabilities		
Trade and other payables	1,151,574	694,459
Provisions	234,709	219,914
Total Current Liabilities	1,386,283	914,373
Non-Current Liabilities		
Provisions	131,019	310,027
Total Non-Current Liabilities	131,019	310,027
TOTAL LIABILITIES	1,517,302	1,224,400
NET ASSETS	4,760,008	4,621,526
EQUITY		
Reserves	2,283,688	2,320,575
Accumulated Surplus	2,476,320	2,300,581
TOTAL EQUITY	4,760,008	4,621,156

STATEMENT OF CASH FLOWS

for the Year Ending 30 June 2007

	NOTE	2007 \$	2006 \$
Cash Flows from operating activities Receipts from Government Grants & Donations		4,418,899	4,309,547
Receipts from Centre Generated Activities		620,122	508,521
Payments to service providers and employees		(4,517,150)	(4,557,822)
Interest Income		69,686	45,754
NET CASH PROVIDED BY OPERATING ACTIVITIES	3(b)	591,557	306,000
Cash Flows from investing activities Proceeds from Sale of Property, Plant & Equipment		156,928	127,235
Payments for: Plant and Equipment Motor Vehicles Computer Equipment Buildings		(7,004) (165,434) (12,922) -	(179,986)
NET CASH PROVIDED BY /(USED IN) Investing activities	1	(28,432)	(253,299)
NET INCREASE / (DECREASE) IN CASH HELD Cash at the beginning of the year		563,125 809,762	52,701 757,061
Cash at the end of the year	3(a)	1,372,887	809,762

STATEMENT OF CHANGES IN EQUITY

As at 30 June 2007

	Retained Earnings \$	Asset Revaluation Reserve \$	Capitalised Grant & Donations Reserve \$	Total \$
BALANCE AT 1 JULY 2005	2.212.046	1.487.256		3.699.302
Profit attributable to members	88,535	1,407,230	-	88.535
Revaluation increment	-	613,986	219,333	833,319
BALANCE AT 30 JUNE 2006	2,300,581	2,101,242	219,333	4,621,156
Profit attributable to members	175,739	-	-	175,739
Transfer (to) retained earnings	-	-	(36,887)	(36,887)
BALANCE AT 30 JUNE 2007	2,476,320	2,101,242	182,446	4,760,008

NOTES TO THE CONCISE FINANCIAL REPORT

for the Year Ending 30 June 2007

NOTE 1 –

BASIS OF PREPARATION OF THE CONCISE FINANCIAL REPORT

The concise financial report is an extract from the full financial report for the year ended 30 June 2007. The concise financial report has been prepared in accordance with Accounting Standard AASB 1039: Concise Financial Reports.

The financial statements, specific disclosures and other information included in the concise financial report are derived from and are consistent with the full financial report of The Windana Society Incorporated. The concise financial report cannot be expected to provide as detailed an understanding of the financial performance, financial position and financing and investing activities of The Windana Society Incorporated as the full financial report.

The financial report of The Windana Society Inc. complies with all Australian equivalents to International Financial Reporting Standards (AIFRS) in their entirety.

Centre generated income includes amounts of \$175,929 (2007) and \$87,965 (2006). These amounts represent a change in accounting policy which saw special purpose funding from previous years being brought to account in these two financial years.

2007	1
\$	

2006 \$

NOTE 2 - REVENUE OPERATING ACTIVITIES

Centre Generated Income Client Fees Contract Receipts Other Income	315,988 106,000 198,134	322,114 88,657 109,585
TOTAL CENTRE GENERATED INCOME	620,122	520,356
Grants & Donations State and Federal Grants General Donations Trust Funds	4,098,172 68,332 252,395	4,150,954 53,763 143,849
TOTAL GRANTS & DONATIONS	4,418,899	4,348,566
Interest Income	69,686	45,754
TOTAL REVENUE	5,108,707	4,914,676
NON OPERATING ACTIVITIES		
Profit (Loss) on Sale of Fixed Assets	18	8,466

NOTES TO THE CONCISE FINANCIAL REPORT

for the Year Ending 30 June 2007

NOTE	2007 \$	2006 \$
NOTE 3(a) - Reconciliation of cash		
Cash in Hand	1,620	1,820
Cash at Bank	865,933	335,939
Term Deposits	505,334	472,003
CASH AT THE END OF THE YEAR	1,372,887	809,762
NOTE 3(b) - Cash Flow Information Reconciliation of Cash Flow from Operation with Profit from Ordinary Activities after Inc		
Pofit after Income Tax	175,739	88,535
Non-Cash Items:		
- Depreciation	155,809	131,956
- Profit on sale of Non Current Assets	(18)	(8,466)
Increase / (Decrease) in employee provisio	ns 16,849	45,713
Increase / (Decrease) in trade creditors		
& accrued expenses	94,719	84,859
Increase / (Decrease) in deferred projects & funds in advance	144,445	(50,044)
Decrease / (Increase) in medical stock	(1,339)	(810)
Decrease / (Increase) in other assets	5,353	14,257
NET CASH PROVIDED BY OPERATING Activities	591,557	306,000

NOTE 3(c)

The Society has an overdraft facility of \$30,000 with the ANZ Banking Group. This overdraft facility is subject to annual review by the bank.

NOTE 4 – Special purpose grants written back to income

At the time of receipt of these Special Purpose Grants, a decision was made to record them on the Balance Sheet. The projects to which they were related were subsequently expensed to the Income Statement without adjustment against the balance sheet account. At a meeting in 2006, the Board determined to write them off over three years. This decision has now been revised and the remaining balance has written off in 2007.

	2007 \$	2006 \$
Operating surplus before this adjustment	(191)	761
Operating surplus after this adjustment	175.738	88,535

NOTE 5 – Segment Reporting

This Society operates predominantly in one business and geographical segment, being in the welfare sector providing generic and specialist alcohol and drug community health and support services.

Thankyou to those who have worked with us ...

Our Patron **Dame Elisabeth Murdoch** for unflagging and ongoing support.

Thank you also to our new Ambassadors....

Cr Darren Ray – City of Port Phillip, Alma Ward Jenny Bannister – Fashion Designer John Cain – Government Solicitor Laini Liberman – Barrister Robert Clemenger – Businessman

our Champions....

Moya Mills – CEO, The Cranlana Programme Foundation Jelena Popovic – Deputy Chief Magistrate Andrea Coote – MLA Monash Paul Pattison – Pattisons Consulting P/L Matthew Gould – VECCI Regional Business Development Manager

our supporters and volunteers, who have provided greatly appreciated collegial, financial, recreational access, therapeutic and other support...

D Abrahams, ACMI - Federation Square, AERF Alex Taylor Marketing Management, Peter Allen Anonymous donation for Art Therapy program. Aurora House, Australian college of Natural Medicine students, Sue Beamish and the Reiki Clinic volunteers, Paul Belin, Berry Street Victoria, Dr Blatt, Bioceuticals, Birribi, Sue Cameron, Cardinia Shire - Landcare, Carey Baptist Grammar, Centrelink Windsor - Disability Unit, Eileen Chapman, City of Port Phillip, City of Stonnington, Lindy Clark, Coates, Coles Supermarkets - Balaclava and Dandenong, Colonial Foundation, Commonwealth Rehabilitation Service, ConnectED, Connections - Parenting Support Program, Dr Charles Cyngler and the staff of Hennessey Clinic, John C Dahlesen, Dandenong Housing, Danks Trust, Department of Health & Ageing, Department of Human Services, Vito Doguile, Dorevitch Pathology, East Oakleigh Meats, Kave Fletcher, FOW Conference Funding, Friends of Windana, GS JBWere, Murray Gerkens, Hanover Southern, Healesville Sanctuary, Helio, Homeground, Richard Hoy, Heritage Fruit Tree Group, IMAX Melbourne, IOOF, Ilse Jamonts, JT Reid, KPMG, Geoff Knorr, Lifespan, Lord Mayors Trust - City of Port Phillip, Sue Macaw (Macah??), Bena Maddison,

Barry Main, John McLeod & family, A McWilliam, Mediabanc, Mediherb, Melbourne Aquatic, Melbourne Grammar, Bruce House, Melbourne Museum, Melbourne Zoo, Portia Merecki, Middle Park Gallery - Elizabeth, and Judith Stoney, Minister for Victorian Communities, Mirabel, John L Millikan and the staff of Chapel Gate Pharmacy, Myuna community Farm, Narre Warren Bowling, Oasis Swimming Centre, Odyssey House Victoria, Odyssey - Opstep, Oxford Housing, PenDAP, Maria Periera, Phytomedicine, Grant Powell, Rebel Sport, Dandenong, Reclink, Rock Wizz, Rod's Fruit & Veges, South Melbourne Market, Daniel Ross

Sacred Heart Mission St Kilda, Safeway Supermarkets, Sandringham Yacht Club, Science Works, SEADS, SHARC, Dr John Sherman, Jane Simson, Southern Regional Dual Diagnosis Service, Nina Stabey, St Augustine, St Kilda Swim Centre, Robert Sumpton - Quest Apartments, Sunrise Fruits, Sun Ten, Tandana, Task Force, The William Angliss Charitable Fund, Tontine, Victoria University Students, Village Cinema Waverley Gardens, VUT Student Acupuncture Clinic, Simon Walker, Wayss, Wesley College students, Williams Refrigeration, Winjaulupna Womens' Service, YSAS Frankston & Dandenong,

Finally, thanks to... the **qubeGroup** and **Lithocraft** for sponsoring this Annual Report.

and finally, very special thanks to ...

qubeGoup and Lithocraft for sponsoring this Annual Report, and Windana staff member and talented photographer, Karena Goldfinch

Windana
Drug & Alcohol
Recovery

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Windana is a fully registered not for profit organisation with no religious or political affiliations.

