

The Windana Philosophy

We believe that **change** and **growth** are possible in all individuals as long as they so **choose**.

We acknowledge the **diversity** in the nature of **individuals** and the many aspects of their lives – physical, psychological, spiritual and social.

We therefore will be **holistic** in our attitudes, **universal** in our approach and provide as many facilities, options and stratagems as possible.

We will ensure that not just one aspect of life or one single basis for change will dominate the whole.

We believe that growth is an on-going learning process and that it will be sustained by providing a **safe, caring** environment where new behaviour and ideas can be freely experienced in an **open, honest interaction** with the whole Windana Community.

windana Workplace Giving



Drug & Alcohol Recovery

Windana Society Inc.

ABN 68 398 137 238

To discuss **Workplace Giving** please contact Windana

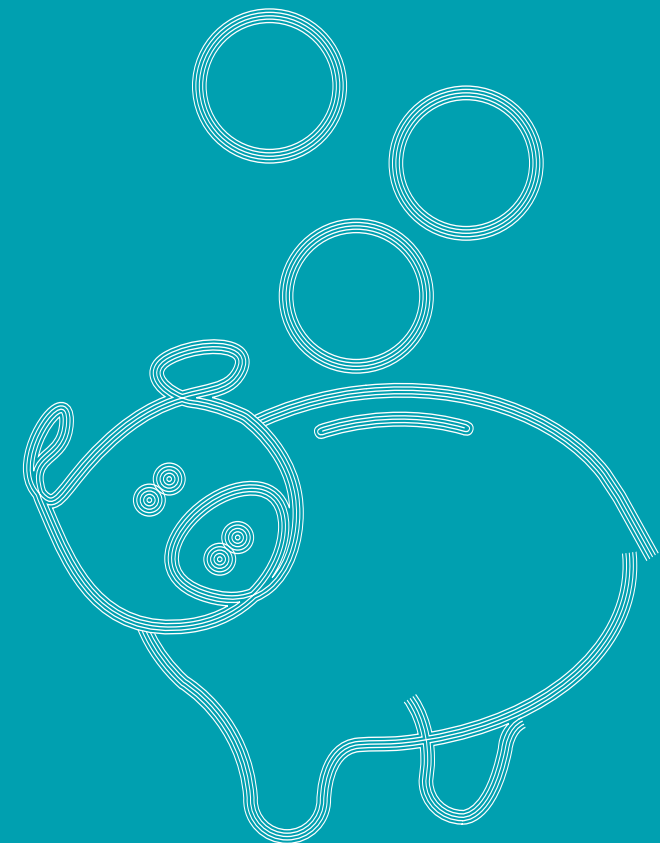
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*Windana is a fully registered not for profit organisation
with no religious or political affiliations.*



What is Windana?

Windana is a leading provider of residential and community based programs which assist people in finding solutions to drug and alcohol problems. Over 1500 people per year access our services.

Our committed and diverse staff provide a range of services and hold qualifications and experience in areas such as: family, individual and group counselling, nursing, naturopathy, social welfare, youth work, nutrition, art therapy, psychology, recreation and specialist health training.

A range of treatment approaches are offered from harm minimisation through to abstinence, with a focus placed on flexibility.

A place for everyone...

Programs aim to be accessible to all - including those who are facing homelessness, mental illness, legal issues or family breakdown.

Participants are encouraged to explore and develop all areas of their life including: relationships with partners, family and friends, legal matters, employment, education and training, finances and income security, health, recreation and relapse prevention.

Windana looks at the whole person - not just the drug or alcohol issues.

What are the outcomes?

At Windana we see every person who comes through our door as a success. Just reaching out and asking for help is a major breakthrough which takes great courage.

How we help...

Windana's work has reunited families, and supported and assisted people of all ages along the journey to recovery.

How you can help...

A donation through workplace giving is a great and easy way to make a big difference on a regular basis.

A small contribution each pay not only assists Windana to provide a wide range of services and programs, it enables us to plan and extend urgently needed new services.

No amount is too small to make a difference.

How it works...

Workplace Giving donations are deducted from your salary before tax is applied, thus reducing taxable income. There are three easy steps to Workplace Giving:

1. Ask your employer to enter you into a payroll giving arrangement.
2. Nominate Windana as your chosen charity to receive the amount you wish to donate.
3. Your employer then pays your nominated amount to Windana.

To discuss ways to help please email windana@windana.org.au, or contact us via our website www.windana.org.au.