

Referral requirements

Referrals will only be accepted from local *intake & assessment* teams.

All referrals for non-residential withdrawal require the following information:

- **Completed Statewide AOD screen and assessment tool** including the summary and treatment plan and optional modules as indicated.
- **A completed health assessment** is critical for referral to withdrawal services including current medications, Medicare and Health Care card numbers, allergies and GP details
- **Client consent**

We are not able to accept

- Incomplete referrals or referrals that are not completed on the Statewide AOD screen
- Referrals without appropriate consent

Secure referrals from local *intake & assessment* teams can be received by Windana via:

- Fax 03 9510 8110
- S2S



windana
Drug & Alcohol Recovery

Individuals and their families can access their local *intake & assessment* team by contacting:

Directline on
1800 888 236
or viewing
information at
www.vaada.org.au

Phone: (03) 9529 7955
88 Alma Road, St Kilda Vic. 3182
www.windana.org.au

stepping up
Consortium

secada
DRUG & ALCOHOL
RECOVERY SUPPORT

windana
Drug & Alcohol Recovery

**Non-Residential
withdrawal service
for Adults**

Program & Referral information

Assessment Process

Upon receipt of a referral the information will be reviewed by the Windana Admissions & Care Coordination Team

- The pre-admission appointment will occur at a local clinic or service that is convenient to the individual
- The person will be assessed by the non-residential withdrawal nurse and a treatment plan will be commenced
- Negotiation with the individuals General Practitioner will continue with the prescribing of medication as required

Access to non-residential withdrawal for a 'medicated' withdrawal can only occur with the ongoing commitment from a General Practitioner

Program Eligibility

- Individuals 16 years of age or over
- Low to moderate complexity of withdrawal predicted
- No history of complicated withdrawal
- Consideration will be given to withdrawal of more than one substance under certain circumstances
- No significant medical and/or psychiatric comorbidities
- Assessment and support of a General Practitioner
- Appropriate and adequate support within the home environment
- A substance free home environment
- Capacity to 'pick up' daily medications

Program Overview

The Non Residential Withdrawal Service is a program offering home or clinic based support for people wanting to safely undertake alcohol or other drug withdrawal

The service includes:

- Daily nursing and support services
- Monitoring and management of withdrawal symptoms
- Collaboration with persons General Practitioner
- Provision of motivational support and individual therapy to assist with the management of withdrawal
- Referral to other relevant services
- Development of post withdrawal plan
- Family Support