

ResetLife Cranbourne Schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00AM-11:00AM Early Recovery Skills				10:00AM-11:00AM Early Recovery Skills
11.30AM-12.30PM Relapse Prevention			11.00AM – 12.30PM SMART Recovery	11.30AM-12.30PM Relapse Prevention
1:00PM-2:00PM Early Recovery Skills		1:00PM – 2.30PM Family/Support Person Education	1.30PM-3:00PM Social Skills/Continuing Care	1:00PM-2:00PM Early Recovery Skills
2.30PM-3.30PM Relapse Prevention				2.30PM-3.30PM Relapse Prevention