

ResetLife Moorabbin Schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12PM – 1PM Early Recovery Skills		12PM-1PM Early Recovery Skills		12PM – 1.30PM Youth Education
1PM – 2PM Relapse Prevention		1PM-2PM Relapse Prevention		
4PM-5PM Early Recovery Skills		4PM-5PM Early Recovery Skills 4PM – 5.30PM Support Person Education	2.00PM – 3.30PM SMART Recovery Youth	4PM – 5.30PM Youth Education
5PM-6PM Relapse Prevention		5PM-6PM Relapse Prevention	3.45PM-5PM Social Skills/Continuing Care	