



GP Assist

Information for GPs

Do you have patients who struggle with alcohol and other drug use?

GP Assist works with **GPs across south eastern Melbourne** to link patients into appropriate alcohol and other drug treatment, and provides short-term support until patients are engaged with the services they need.

GPs and patients work together to **complete the five-minute ASSIST tool**, which helps identify the risks associated with substance use and explore options for change.

Our team can also assist in completing this tool with your patients, if you request.

If the patient is assessed at medium or high risk of harm, you can send through a referral and **we'll get in touch with them within 48 hours** to help work out the best options for treatment.



How we support your patients

On referral, we complete an intake and assessment process, helping patients understand their needs and goals for alcohol and drug treatment.

We then help connect them with relevant services, including counselling, residential rehabilitation, or others that may be appropriate.

About the ASSIST tool

We'll provide you with the Alcohol, Smoking and Substance Involvement Screening Test (ASSIST), a 5-10 minute questionnaire that screens for risky levels of substance use in adults.

Eligibility and referrals

GP Assist works with any GPs who practice in the cities of Port Phillip, Stonnington, Bayside, Glen Eira, Kingston, Frankston, Mornington Peninsula, Greater Dandenong, Casey and Cardinia.



For the ASSIST tool, referrals or for more information

windana.org.au/services/gp-assist

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