Music for everyone Seeking Expressions of interest Guitar & Ukulele lessons - All levels

Leading educationist and performer, Guitarist & Ukulele Player Matthew Fagan with over 30 years of experience

Expression of Interest for Term 3, 2025, Week of Jul 28 to Sept 19 (8wks) Free trial class available before Term Starts

Single: \$35 for 30 mins/ \$70 per hour Duo : \$30 each for 30mins/ \$60 each for hour - Maximum 2 per lesson (No groups to guarantee full attention, Partners, Family, friends welcome) Please register your interest with your Name and phone number by emailing Email: <u>mjb2fagan@gmail.com</u> Website: <u>www.matthew-fagan.com</u>

VOLUNTEERING

We offer various volunteering roles, from admin tasks and promotion to hosting coffee groups or tutoring in your area of expertise. Volunteering keeps you active and connected while opening doors to new opportunities.

We're also seeking new Tutors! If you're interested in leading activities or programs, contact us. We have slots available on weekdays, weeknights, and weekends.



Windana acknowledges the Traditional Owners of Australia and we welcome all Aboriginal and Torres Strait Islander people to our service.



Windana is committed to providing inclusive and safe services for LGBTIQ+ communities, and is working towards becoming a Rainbow Tick accredited organisation.



For Community Members experiencing food insecurity

Cockatoo Community House is proudly supporting our community with a free food pantry.

We are humbly accepting food or monetary donations to keep the pantry well stocked.

Experiencing food insecurity?

Visit The Pantry 24/7, 7 days a week or talk to one of our friendly team members.

Cockatoo Community House

ICTORIA



Supported by Cardinia Cardinia Shire Council

Learn Local

C O N T A C T

- 🗞 03 5968 9031
- 🖂 CCH@windana.org.au
- www.windana.org.au/services/cch/
- **Q** 23 Bailey Rd, COCKATOO

Cockatoo Community House

supported by WINDANA Life. Changing



April 22nd-July4th 2025

DANCE ADULTS

DANCE FIT - FAMILY FRIENDLY With For THE LOVE OF DANCE All fitness levels encouraged Enrolments - <u>0405 776 038</u> www.fortheloveofdance.com.au

CHILDREN

TINY GROOVERS (18 months +) BALLET (2-5 years) ACRO DANCE MAGIC (3-12 years) DANCE CLUB (3 - 16 years) JUNIOUR/SENIOR DANCE All fitness levels encouraged Enrolments - <u>0405 776 038</u> www.fortheloveofdance.com.au

KARATE 5+ KARATE 8+ KARATE 12+ Open Ages

All fitness levels encouraged Enrolments - <u>0</u>478 415 763 Mail@healthbuddies.com.au

EDUCATION

STEM CLASS (Science, Technology, Engineering and Mathematics) With FOR THE LOVE OF SCIENCE Enrolments - <u>0405 776 038</u> www.fortheloveofscience.com.au

YOGA

YOGA with E-RYT, Kylie, from Marakata Yoga Classes are only \$18 Use promo code "COMMUNITY18" at checkout Bookings & further info, visit **marakatayoga.com**

SOCIAL AND WELLBEING

YOGA

Discover balance, strength, and inner peace with yoga—a holistic path to physical and mental wellbeing.

Cost \$18 Bookings: marakatayoga.com Use Promo Code "COMMUNITY18" at checkout

HI/LOW INTENSITY EXERCISE

Increase cardio fitness and muscle strength Enrolments - Sandra 0407 104 400 Cost \$15 Casual

SING FOR FUN - LYREBIRDS COMMUNITY CHOIR

All welcome to join in. Enrolments - 0412 715 031 thelyrebirdschoir@gmail.com

CRAFT GROUP

Bring along what you're working on and enjoy a chat and a cuppa while you make. Enrolments: Tuesday Craft Group - 5968 9031 FREE PROGRAM

KNIT A BIT, STITCH A BIT

Meeting once a month on the second Saturday. Bring along what you're working on. Knit a bit, Stitch a bit - 0400 034 470 FREE PROGRAM

DIG IN

Meets/1st and 3rd Sundays of the month Run by the Hills Community Garden Group. FREE PROGRAM

CREATIVE ARTS

ART SKILLS - Intermediate and Beginners

A pre-accredited course focusing on essential skills, drawing, and painting. CCH FREE PROGRAM - Bookings essential



Programs subject to change.
 To book into any of our programs, scan this QR code or speak to one of our helpful staff members.

TERM 2 SCHEDULE

Monday

| 9:00 - 12:00pm | Intermediate Art Skills FREE |
|----------------|------------------------------|
| 3:30 - 4:30PM | Hi/Low Intensity Exercise |
| 4:30 - 5:15PM | Junior Dance |
| 7:15 - 9:00PM | Sing for Fun @ St Lukes |

Tuesday

10:30 - 1:00PM Craft Group FREE

Wednesday

 9:30 - 10:00AM
 Tiny Groovers (18 months +)

 10:00 - 10:30AM
 ACRO (2-5 Years)

 10:30-11:00AM
 Jazz & Ballet (2-5 Years)

 1:00 - 3:30PM
 Introduction to Art Skills FREE

 3:30 - 4:30PM
 Hi/Low Intensity Exercise

Thursday

 9:30 - 10:30AM
 STEM

 11:00 - 11:30AM
 Ballet (2-5 years)

 11:30 - 12:00PM
 ACRO (2-5 years)

 12:00 - 12:45PM
 Dance Fit - Family Friendly

 5:25 - 6:00PM
 Karate 5+

 6:00 - 6:35PM
 Karate 8+

 6:40 - 7:20PM
 Karate 12+ Open Ages

Friday

9:30-10:15AM YOGA - Vinyasa Flow 10:30 -11:30AM YOGA - Yin Yoga

Saturday

9:00 - 9:30AM Junior Dance
9:30 - 10:00AM Junior ACRO
10:00 -10:45AM ACRO
10:45 - 4:15PM Knit a bit, Stich (2nd Sat) FREE

Sunday

10:30 - 12:30PM Dig In (1st & 3rd Sun) FREE