

ResetLife Cranbourne Schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10.00AM-11.AM Early Recovery Skills		10.00AM – 11.30AM Family/Support Person Education		10.00AM-11.AM Early Recovery Skills
11.15AM-12.45PM Relapse Prevention			11.00AM – 12.30PM SMART Recovery	11.15AM-12.45PM Relapse Prevention
1:00PM – 2.30PM Family/Support Person Education		1:00PM-2:00PM Early Recovery Skills	1:00PM-3:00PM Social Support Group/Continuing Care	1:00PM-2:00PM Early Recovery Skills
		2:15PM-3:45PM Relapse Prevention		2:15PM-3.45PM Relapse Prevention