

ResetLife Moorabbin Schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12PM – 1PM Early Recovery Skills		12PM-1PM Early Recovery Skills	10.30AM-12PM SMART Recovery Youth	12PM – 1.30PM Youth Education
1PM – 2PM Relapse Prevention	12PM – 1.30PM ONLINE Support Person Education	1PM-2PM Relapse Prevention	12PM-2.30PM Art Therapy	
4PM-5PM Early Recovery Skills		4PM-5PM Early Recovery Skills	3:30PM-5PM Social Skills/Continuing Care	4PM – 5.30PM Youth Education
5PM-6PM Relapse Prevention		5PM-6PM Relapse Prevention		